

Citi Dash 2023 - Sun Sep 10 2023 05:30:05 GMT+0200 (Central Africa Time)

No.	Course Position	Cat. Position	Gender Position	Name	Surname	Gen.	Category	Group Item	Checkpoint	Finish	Time	Diff.	Pace
M125	1	1	1	Simon	Matias	Male	Open		14:56	15:37	30:33	-	03:03 min/km
M155	2	2	2	Jeremia	Shalixwe	Male	Open		14:51	15:51	30:42	+00:09	03:04 min/km
M081	3	3	3	Tomas	Hilifa Rainhold	Male	Open		14:51	16:20	31:11	+00:38	03:07 min/km
M105	4	4	4	Geson	Koper	Male	Open		14:51	16:22	31:13	+00:40	03:07 min/km
M011	5	5	5	Nakale	Simon	Male	Open		15:06	16:18	31:24	+00:51	03:08 min/km
M106	6	6	6	Ndahangwanasho	Kornelius Nghilyeendele	Male	Open		14:56	16:40	31:36	+01:03	03:09 min/km
M152	7	7	7	Wilhelm	S Hangula	Male	Open		15:10	16:41	31:51	+01:18	03:11 min/km
M111	8	8	8	Lukas	Loteni	Male	Open		15:20	16:41	32:01	+01:28	03:12 min/km
M094	9	9	9	Matheus	Kadningula wernhil	Male	Open		15:20	16:59	32:19	+01:46	03:13 min/km
M103	10	10	10	Mynhardt	Kauanivi	Male	Open		15:12	17:28	32:40	+02:07	03:16 min/km
M142	11	11	11	Tate	Pau	Male	Open		15:38	17:29	33:07	+02:34	03:18 min/km
M016	12	12	12	Haufiku	Enock	Male	Open		15:37	17:41	33:18	+02:45	03:19 min/km
M126	13	13	13	Brian	Mclairé Kakatjipara	Male	Open		-	34:26	34:26	+03:53	03:26 min/km
M214	14	1	14	Tomas	Andreas	Male	Opem		16:06	18:22	34:28	+03:55	03:26 min/km
F336	15	1	1	Shivolo	Martha Nuukongo	Female	Open		17:04	18:02	35:06	+04:33	03:30 min/km
M012	16	14	15	Dumeni	Andreas	Male	Open		16:10	19:07	35:17	+04:44	03:31 min/km
M029	17	15	16	Eliander	Nepembe	Male	Open	Never give up	16:42	18:41	35:23	+04:50	03:32 min/km
M127	18	16	17	Thomas	Miller	Male	Open		16:50	18:47	35:37	+05:04	03:33 min/km
F319	19	2	2	Alina	Arams	Female	Open		17:06	18:33	35:39	+05:06	03:33 min/km
M205	20	17	18	Silvester	Angula	Male	Open		-	35:47	35:47	+05:14	03:34 min/km
M164	21	18	19	Elia	Simeon	Male	Open		-	35:50	35:50	+05:17	03:35 min/km
M109	22	19	20	Efraim	Kuudhingililwa	Male	Open		17:10	19:30	36:40	+06:07	03:40 min/km
F382	23	3	3	Beata	Jeremia	Female	Open		17:35	20:11	37:46	+07:13	03:46 min/km
F311	24	4	4	Beata	Naigambo	Female	Open		17:36	20:18	37:54	+07:21	03:47 min/km
M110	25	20	21	Jacob	Kuume Amadhila	Male	Open		18:30	19:55	38:25	+07:52	03:50 min/km
M170	26	21	22	Les	Trollope	Male	Open		18:47	19:41	38:28	+07:55	03:50 min/km
M122	27	22	23	KONRAD	MARAI	Male	Open		18:47	19:41	38:28	+07:55	03:50 min/km
F325	28	5	5	Leena	Ekandjo	Female	Open		18:18	20:15	38:33	+08:00	03:51 min/km
M119	29	23	24	Willie	Mac Van Zyl	Male	Open		18:47	20:09	38:56	+08:23	03:53 min/km
F315	30	6	6	Ottillie	Aimwata	Female	Open		18:18	20:48	39:06	+08:33	03:54 min/km
M014	31	24	25	Paulus	Angula	Male	Open		18:11	21:09	39:20	+08:47	03:56 min/km
M143	32	25	26	Sakeus	Paulus	Male	Open		18:49	20:49	39:38	+09:05	03:57 min/km
M043	33	26	27	Richard	April	Male	Open	Late Manual Entry	18:52	21:12	40:04	+09:31	04:00 min/km
M054	34	27	28	Kai-Uwe	Brettschneider	Male	Open		19:40	20:54	40:34	+10:01	04:03 min/km
M121	35	28	29	Fernando	Mandubwa	Male	Open		19:40	21:06	40:46	+10:13	04:04 min/km
F339	36	7	7	Salmi	Nduviteko	Female	Open		18:09	22:40	40:49	+10:16	04:04 min/km
M091	37	29	30	Lemegius	Jeremia	Male	Open		19:39	21:13	40:52	+10:19	04:05 min/km

M039	38	30	31	Frans	Amakali	Male	Open		19:38	21:19	40:57	+10:24	04:05	min/km
F322	39	8	8	Louise	Breed	Female	Open		19:16	22:17	41:33	+11:00	04:09	min/km
M015	40	31	32	Gerhard	Breed	Male	Open		19:49	21:53	41:42	+11:09	04:10	min/km
M204	41	32	33	JG	van Graan	Male	Open	Nedbank	20:30	21:16	41:46	+11:13	04:10	min/km
M036	42	33	34	Anthony	Abrahams	Male	Open		20:05	21:50	41:55	+11:22	04:11	min/km
M199	43	34	35	Anthony	Hearlen	Male	Open		19:45	22:36	42:21	+11:48	04:14	min/km
M130	44	35	36	Kefas	Munene Nangolo	Male	Open		19:33	22:57	42:30	+11:57	04:15	min/km
M048	45	36	37	Ferdinand	Baard	Male	Open		19:44	22:50	42:34	+12:01	04:15	min/km
M115	46	37	38	Nathan	Lunda	Male	Open	Roland Physiotherapy	20:23	22:13	42:36	+12:03	04:15	min/km
M146	47	38	39	Luan	Reinders	Male	Open		21:12	21:25	42:37	+12:04	04:15	min/km
M160	48	39	40	Dee	Shingenge	Male	Open		19:43	22:55	42:38	+12:05	04:15	min/km
M068	49	40	41	Marc	Epler	Male	Open		-	42:42	42:42	+12:09	04:16	min/km
M113	50	41	42	Jan	Louis Mostert	Male	Open		20:52	21:59	42:51	+12:18	04:17	min/km
M169	51	42	43	Davidson	Tembo	Male	Open		20:11	22:50	43:01	+12:28	04:18	min/km
M032	52	43	44	lesley	Titus	Male	Open		20:26	22:44	43:10	+12:37	04:19	min/km
M075	53	44	45	Stephanus	Haimbodi	Male	Open		20:35	22:47	43:22	+12:49	04:20	min/km
M173	54	45	46	Jaco	Van Der Walt	Male	Open		20:37	22:45	43:22	+12:49	04:20	min/km
M207	55	46	47	Immanuel	Kuutondokwa	Male	Open		-	43:25	43:25	+12:52	04:20	min/km
M107	56	47	48	Dirk	Kotze	Male	Open		21:25	22:02	43:27	+12:54	04:20	min/km
F356	57	9	9	Nicole	Spangenberg	Female	Open		21:26	22:02	43:28	+12:55	04:20	min/km
M057	58	48	49	Gino	Chiappini	Male	Open	CHIAPPINI BOXING CLUB	21:30	21:58	43:28	+12:55	04:20	min/km
F384	59	10	10	Jacky	Shipena	Female	Open		20:34	22:55	43:29	+12:56	04:20	min/km
M101	60	49	50	Alex	Kanu	Male	Open		21:05	22:31	43:36	+13:03	04:21	min/km
F364	61	11	11	Benita	Windisch	Female	Open		20:59	22:39	43:38	+13:05	04:21	min/km
M062	62	50	51	Johan	Du Plessis	Male	Open		21:49	22:58	44:47	+14:14	04:28	min/km
F352	63	12	12	Marion	Schonecke	Female	Open		21:49	23:44	45:33	+15:00	04:33	min/km
F348	64	13	13	Jo-Andri	Pretorius	Female	Open		22:45	22:50	45:35	+15:02	04:33	min/km
M175	65	51	52	Joas	Wahengo	Male	Open		21:30	24:13	45:43	+15:10	04:34	min/km
M058	66	52	53	Shelton	Claassen	Male	Open		22:59	23:03	46:02	+15:29	04:36	min/km
M096	67	53	54	Ezekiel	Kambongi	Male	Open		22:35	23:42	46:17	+15:44	04:37	min/km
M102	68	54	55	Lineekela	Kashaka	Male	Open		21:25	25:03	46:28	+15:55	04:38	min/km
M083	69	55	56	Silas	lipumbu	Male	Open		21:53	24:37	46:30	+15:57	04:39	min/km
M136	70	56	57	Timotheus	Nekamba	Male	Open		21:20	25:16	46:36	+16:03	04:39	min/km
M067	71	57	58	Petrus	Elago	Male	Open		22:00	24:41	46:41	+16:08	04:40	min/km
F327	72	14	14	Maike	Epler	Female	Open		22:16	24:31	46:47	+16:14	04:40	min/km
M038	73	58	59	Isdor	Aluteni Kamati	Male	Open		21:54	25:00	46:54	+16:21	04:41	min/km
F359	74	15	15	Louise	van Graan	Female	Open		22:21	24:36	46:57	+16:24	04:41	min/km
M066	75	59	60	Noa	Elago	Male	Open		21:02	26:02	47:04	+16:31	04:42	min/km
M123	76	60	61	John	Mario	Male	Open		22:46	24:18	47:04	+16:31	04:42	min/km
M056	77	61	62	John	Burger	Male	Open		23:29	23:38	47:07	+16:34	04:42	min/km

M148	78	62	63	Shanco	Renton	Male	Open		22:45	24:23	47:08	+16:35	04:42	min/km
M104	79	63	64	Jerome	Kisting	Male	Open		22:25	24:45	47:10	+16:37	04:43	min/km
M135	80	64	65	Kenneth	Ndjambula	Male	Open		22:51	24:50	47:41	+17:08	04:46	min/km
M116	81	65	66	Bufelo	Lushetile	Male	Open		22:51	24:57	47:48	+17:15	04:46	min/km
M132	82	66	67	Emmanuel	Murwira	Male	Open		23:29	24:21	47:50	+17:17	04:47	min/km
F342	83	16	16	Magdalena	Nghiki	Female	Open	Friends	23:07	24:47	47:54	+17:21	04:47	min/km
M216	84	67	68	Pieter	Kotze	Male	Open		22:46	25:14	48:00	+17:27	04:48	min/km
M031	85	68	69	Francisco	Romero Loureiro	Male	Open		23:26	24:44	48:10	+17:37	04:49	min/km
M209	86	69	70	Junias	Iita	Male	Open		21:43	26:48	48:31	+17:58	04:51	min/km
F363	87	17	17	Jamie	Vinson	Female	Open	WHK International	23:39	24:59	48:38	+18:05	04:51	min/km
M100	88	70	71	Immanuel	Kanime	Male	Open		21:20	27:28	48:48	+18:15	04:52	min/km
M217	89	71	72	Kevin	Olivier	Male	Open		22:46	26:03	48:49	+18:16	04:52	min/km
F383	90	18	18	Ndemufayo	Angula	Female	Open		22:42	26:09	48:51	+18:18	04:53	min/km
M145	91	72	73	Olavi	Popyeinawa	Male	Open		22:54	26:10	49:04	+18:31	04:54	min/km
M144	92	73	74	Schalk	Pienaar	Male	Open		23:48	25:20	49:08	+18:35	04:54	min/km
F326	93	19	19	Marcelle	Eloff	Female	Open		23:13	25:58	49:11	+18:38	04:55	min/km
M035	94	74	75	Runner	1 Sinvula	Male	Open		22:47	26:25	49:12	+18:39	04:55	min/km
M052	95	75	76	Ray-Otis	Bock	Male	Open		24:53	24:23	49:16	+18:43	04:55	min/km
M206	96	76	77	Alphons	Mutenu	Male	Open		22:56	26:22	49:18	+18:45	04:55	min/km
M026	97	77	78	Reinhard	Moyo	Male	Open		23:19	26:13	49:32	+18:59	04:57	min/km
M076	98	78	79	Simeon	Hamukwaya	Male	Open		-	49:32	49:32	+18:59	04:57	min/km
M165	99	79	80	S	Snyman	Male	Open		23:39	25:56	49:35	+19:02	04:57	min/km
M023	100	80	81	Tjaronda	Karumendu	Male	Open		23:04	26:35	49:39	+19:06	04:57	min/km
M041	101	81	82	Johannes	Amwele	Male	Open		24:03	25:40	49:43	+19:10	04:58	min/km
M166	102	82	83	Ettiene	Steenkamp	Male	Open	Late Manual Entry	23:50	26:00	49:50	+19:17	04:59	min/km
M061	103	83	84	Tiago	De Sousa	Male	Open		24:18	25:44	50:02	+19:29	05:00	min/km
M158	104	84	85	Severus	Sheetekela	Male	Open		23:23	26:45	50:08	+19:35	05:00	min/km
M065	105	85	86	Kondjeni	Elago	Male	Open		23:14	26:59	50:13	+19:40	05:01	min/km
M030	106	86	87	Johannes	Nyemwati	Male	Open		23:02	27:19	50:21	+19:48	05:02	min/km
M071	107	87	88	Gideon	Gideon	Male	Open		23:23	26:58	50:21	+19:48	05:02	min/km
M163	108	88	89	Veikko	Silas	Male	Open		23:15	27:06	50:21	+19:48	05:02	min/km
M178	109	89	90	Vaja	Zatjirua	Male	Open		24:31	25:51	50:22	+19:49	05:02	min/km
M059	110	90	91	Jacques	Cloete	Male	Open	Cloete	23:47	26:37	50:24	+19:51	05:02	min/km
F361	111	20	20	Sebrinah	van Rooyen	Female	Open		23:58	26:27	50:25	+19:52	05:02	min/km
M088	112	91	92	Jason	Ishitile	Male	Open		21:56	28:33	50:29	+19:56	05:02	min/km
M080	113	92	93	Dulinai	Herman Simon	Male	Open		23:54	26:43	50:37	+20:04	05:03	min/km
M007	114	93	94	Michael	Keib	Male	Open	Nedbank	23:50	26:50	50:40	+20:07	05:04	min/km
M218	115	94	95	Mattie Tuhafeni	Ndamekele	Male	Open		22:55	27:55	50:50	+20:17	05:05	min/km
M112	116	95	96	Derick	Loteryman	Male	Open		24:49	26:03	50:52	+20:19	05:05	min/km
M134	117	96	97	Tuli	Nakanyala	Male	Open		23:51	27:01	50:52	+20:19	05:05	min/km

F350	118	21	21	Hileni	Rijnen	Female	Open		24:04	26:48	50:52	+20:19	05:05	min/km
F323	119	22	22	Iwanette	Bruwer	Female	Open		24:18	26:34	50:52	+20:19	05:05	min/km
M172	120	97	98	Paavo	Uutako	Male	Open		23:53	27:52	51:45	+21:12	05:10	min/km
F378	121	23	23	Raica	Coelho	Female	Open	Incomplete entries	23:51	27:59	51:50	+21:17	05:11	min/km
M084	122	98	99	Vilho	Iipumbu	Male	Open		24:54	26:56	51:50	+21:17	05:11	min/km
M009	123	99	100	Josef	Nitzborn	Male	Open	Nedbank	24:36	27:17	51:53	+21:20	05:11	min/km
M167	124	100	101	Quinton	Steenkamp	Male	Open		24:13	27:50	52:03	+21:30	05:12	min/km
M118	125	101	102	Jason	Maasdorp	Male	Open		25:23	27:01	52:24	+21:51	05:14	min/km
M151	126	102	103	Hagen	Romeis	Male	Open		26:22	26:08	52:30	+21:57	05:15	min/km
M033	127	103	104	Ethan	Van Drunen	Male	Open	WHK International	25:00	27:34	52:34	+22:01	05:15	min/km
M063	128	104	105	Abrie	Du Plooy	Male	Open		25:33	27:02	52:35	+22:02	05:15	min/km
M149	129	105	106	Bas	Rijnen	Male	Open		24:42	27:59	52:41	+22:08	05:16	min/km
F335	130	24	24	Hedwig	Markus	Female	Open	Markus	24:39	28:02	52:41	+22:08	05:16	min/km
M150	131	106	107	Ruan	Rispel	Male	Open		30:43	22:03	52:46	+22:13	05:16	min/km
F341	132	25	25	Vaarima	Nepolo	Female	Open		24:42	28:09	52:51	+22:18	05:17	min/km
M079	133	107	108	watze	hepkema	Male	Open		25:33	27:22	52:55	+22:22	05:17	min/km
M055	134	108	109	Robin	Bruwer	Male	Open		24:48	28:16	53:04	+22:31	05:18	min/km
M177	135	109	110	Pierewiet	Wilders	Male	Open		25:33	28:04	53:37	+23:04	05:21	min/km
M131	136	110	111	Alfred	Mureko	Male	Open	Mureko	24:26	29:14	53:40	+23:07	05:22	min/km
F344	137	26	26	Tiofilia	Nunyango	Female	Open	The Williams	25:36	28:11	53:47	+23:14	05:22	min/km
F321	138	27	27	Riana	Boshoff	Female	Open		25:14	28:59	54:13	+23:40	05:25	min/km
F320	139	28	28	Theopoline	Ashipala	Female	Open		-	54:13	54:13	+23:40	05:25	min/km
F386	140	29	29	Nicole	Botha	Female	Open		26:09	28:09	54:18	+23:45	05:25	min/km
F334	141	30	30	Hannah	Lewis Winter	Female	Open		26:09	28:15	54:24	+23:51	05:26	min/km
M070	142	111	112	Rick	Fitzpatrick	Male	Open		24:58	29:35	54:33	+24:00	05:27	min/km
F358	143	31	31	Bernadette	Swartz	Female	Open		25:58	28:46	54:44	+24:11	05:28	min/km
M073	144	112	113	Buks	Gous	Male	Open	Gousies	26:46	27:59	54:45	+24:12	05:28	min/km
M128	145	113	114	Carpio	Minnaar	Male	Open		25:06	29:43	54:49	+24:16	05:28	min/km
F381	146	32	32	Anne	Scharrenbroich	Female	Open		25:36	29:28	55:04	+24:31	05:30	min/km
M040	147	114	115	Nelson	Amon	Male	Open		26:00	29:10	55:10	+24:37	05:31	min/km
F360	148	33	33	Maryke	van Lill	Female	Open		26:56	28:21	55:17	+24:44	05:31	min/km
M140	149	115	116	Sedney	Nuwuseb	Male	Open		25:35	29:48	55:23	+24:50	05:32	min/km
M037	150	116	117	Sam	Adriaans	Male	Open		24:59	30:45	55:44	+25:11	05:34	min/km
F354	151	34	34	Lukas	Shigwedha	Female	Open	BDO Namibia	25:11	30:34	55:45	+25:12	05:34	min/km
F329	152	35	35	Karlien	Gous	Female	Open	Gousies	26:46	29:12	55:58	+25:25	05:35	min/km
M049	153	117	118	Fred	Bailey	Male	Open		25:22	31:00	56:22	+25:49	05:38	min/km
M159	154	118	119	Samuel	Shikale	Male	Open		25:20	31:28	56:48	+26:15	05:40	min/km
M087	155	119	120	Ileni	Ipito	Male	Open		24:57	31:52	56:49	+26:16	05:40	min/km
F332	156	36	36	Alma	Kiimba	Female	Open		26:47	30:08	56:55	+26:22	05:41	min/km
F379	157	37	37	Wiese	Tania	Female	Open	Incomplete entries	27:32	29:39	57:11	+26:38	05:43	min/km

F330	158	38	38	Mercy	Handura	Female	Open		26:54	30:31	57:25	+26:52	05:44 min/km
M002	159	120	121	Ryan	Hauala	Male	Open	Nedbank	26:37	31:05	57:42	+27:09	05:46 min/km
F333	160	39	39	Kimber	Le Roux	Female	Open		27:11	30:40	57:51	+27:18	05:47 min/km
F380	161	40	40	Gloria	Kapingana	Female	Open		28:11	30:34	58:45	+28:12	05:52 min/km
F357	162	41	41	Nastassja	Strauss	Female	Open		27:05	31:43	58:48	+28:15	05:52 min/km
M047	163	121	122	Khomtatite	Awaseb	Male	Open		-	59:16	59:16	+28:43	05:55 min/km
M176	164	122	123	Anton	Westraadt	Male	Open		27:45	31:35	59:20	+28:47	05:56 min/km
M093	165	123	124	Erastus	K Pinehas	Male	Open		20:31	-	20:31	+00:00	04:06 min/km
M085	166	124	125	Wilhelm	Iiyambo	Male	Open		21:47	-	21:47	+00:00	04:21 min/km
M212	167	125	126	Immanuel	Heita	Male	Open		27:32	-	27:32	+00:00	05:30 min/km
F310	168	42	42	Murray	Musomi	Female	Open	BDO Namibia	28:07	-	28:07	+00:00	05:37 min/km
F340	169	43	43	Rachel	Nendongo	Female	Open		28:45	-	28:45	+00:00	05:45 min/km
F345	170	44	44	Vistoria	Otto	Female	Open		28:49	-	28:49	+00:00	05:45 min/km
M078	171	126	127	Elroy	Hartney	Male	Open		29:08	-	29:08	+00:00	05:49 min/km
F331	172	45	45	Frieda	Jason	Female	Open		29:25	-	29:25	+00:00	05:53 min/km
F351	173	46	46	Kaela	Schimming	Female	Open		29:31	-	29:31	+00:00	05:54 min/km
F349	174	47	47	Tina	Prinsloo	Female	Open		29:43	-	29:43	+00:00	05:56 min/km
F305	175	48	48	Gishela	Shilongo	Female	Open	Nedbank	36:57	-	36:57	+06:24	07:23 min/km
F302	176	49	49	Rauna	Haipinge	Female	Open	Nedbank	40:42	-	40:42	+10:09	08:08 min/km