

CITI DASH

Date of event: 23 June 19

NEDBANK
CYCLETEC

25 June 19

5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1	5KM	Ugwanga	Elia	00:18:16.51	(27) OPEN	POS 1 OF 513 (M)
2	5KM	Haukongo	Hedula	00:19:31.76	(15) JUNIOR	POS 2 OF 513 (M)
3	5KM	Naukushu	Elargo Salomo	00:20:49.08	(20) OPEN	POS 3 OF 513 (M)
4	5KM	Von Ludwiger	Heiko York	00:21:28.25	(49) VETERAN	POS 4 OF 513 (M)
5	5KM	Ouseb	Phillip	00:21:34.12	(22) OPEN	POS 5 OF 513 (M)
6	5KM	Micheletti	Gabriele	00:22:01.01	(14) JUNIOR	POS 6 OF 513 (M)
7	5KM	Van Der Merwe	Basson	00:22:37.96	(14) JUNIOR	POS 7 OF 513 (M)
8	5KM	Nuule	Gamena	00:22:50.96	(16) JUNIOR	POS 8 OF 513 (M)
9	5KM	Shivute	Simon	00:22:53.39	(34) OPEN	POS 9 OF 513 (M)
10	5KM	Coetzee	Marco	00:22:56.70	(20) OPEN	POS 10 OF 513 (M)
11	5KM	Mungunda	Vihape	00:22:57.28	(14) JUNIOR	POS 11 OF 513 (M)
12	5KM	Janedoe	Ditshaba	00:23:03.00	(15) JUNIOR	POS 12 OF 513 (M)
13	5KM	Kruger	Kristien	00:23:09.18	(22) OPEN	POS 1 OF 712 (F)
14	5KM	Averia	Kai	00:23:31.92	(16) JUNIOR	POS 13 OF 513 (M)
15	5KM	Kleyenstuber	Keagan	00:23:34.36	(16) JUNIOR	POS 14 OF 513 (M)
16	5KM	Brussel	Jeff	00:23:43.17	(24) OPEN	POS 15 OF 513 (M)
17	5KM	Feldmann	Tristan	00:23:48.97	(16) JUNIOR	POS 16 OF 513 (M)
18	5KM	Mitonga	Varqa Kabwebwe	00:23:53.91	(16) JUNIOR	POS 17 OF 513 (M)
19	5KM	Jansen	Yvad Nazeum	00:23:56.92	(18) JUNIOR	POS 18 OF 513 (M)
20	5KM	Reinhardt	Marlon	00:23:58.57	(16) JUNIOR	POS 19 OF 513 (M)
21	5KM	Chase	Greg	00:24:02.33	(48) VETERAN	POS 20 OF 513 (M)
22	5KM	Ntinda	Leonard	00:24:02.83	(35) OPEN	POS 21 OF 513 (M)
23	5KM	Chase	Nathan	00:24:03.37	(10) JUNIOR	POS 22 OF 513 (M)
24	5KM	Kruger	Malan	00:24:11.98	(20) OPEN	POS 23 OF 513 (M)
25	5KM	Katjimune	Uaraera	00:24:14.96	(16) JUNIOR	POS 24 OF 513 (M)
26	5KM	Matswetu	Tawana	00:24:19.71	(17) JUNIOR	POS 25 OF 513 (M)
27	5KM	Andjaba	Monica	00:24:26.42	(30) OPEN	POS 2 OF 712 (F)
28	5KM	Kaumunika	Mbeurora	00:24:27.41	(17) JUNIOR	POS 26 OF 513 (M)
29	5KM	Nakaleke	Etuhole	00:24:28.51	(20) OPEN	POS 27 OF 513 (M)
30	5KM	Visagie	Nadja	00:24:30.72	(29) OPEN	POS 3 OF 712 (F)
31	5KM	Brinkmann	Maja	00:24:42.46	(11) JUNIOR	POS 4 OF 712 (F)
32	5KM	Brinkmann	Lena Kristina	00:24:44.79	(42) VETERAN	POS 5 OF 712 (F)
33	5KM	Du Plessis	Benjamin	00:24:44.80	(32) OPEN	POS 28 OF 513 (M)
34	5KM	Esslinger	Carissa	00:24:53.33	(17) JUNIOR	POS 6 OF 712 (F)
35	5KM	Fuscher	Francois	00:24:53.38	(40) VETERAN	POS 29 OF 513 (M)
36	5KM	Louw	Rico	00:25:26.75	(27) OPEN	POS 30 OF 513 (M)
37	5KM	Chase	Micah	00:25:29.40	(8) JUNIOR	POS 31 OF 513 (M)
38	5KM	Johnson	Rigby	00:25:39.43	(8) JUNIOR	POS 32 OF 513 (M)

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POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
39	5KM	Chase	Bronwen	00:25:43.34	(41) VETERAN	POS 7 OF 712 (F)
40	5KM	Brinkmann	Yenik	00:25:46.39	(14) JUNIOR	POS 33 OF 513 (M)
41	5KM	Aupindi	Shawn	00:25:50.90	(14) JUNIOR	POS 34 OF 513 (M)
42	5KM	Murape	Nashe	00:25:53.64	(12) JUNIOR	POS 8 OF 712 (F)
43	5KM	Johnson	Rachel	00:25:56.48	(37) OPEN	POS 9 OF 712 (F)
44	5KM	Turner	Edward	00:25:59.31	(17) JUNIOR	POS 35 OF 513 (M)
45	5KM	Novengi	Tjitjai	00:26:05.15	(17) JUNIOR	POS 36 OF 513 (M)
46	5KM	Pennefather	Luke	00:26:15.32	(51) MASTER	POS 37 OF 513 (M)
47	5KM	Shimaneni	Johnny	00:26:17.45	(14) JUNIOR	POS 38 OF 513 (M)
48	5KM	Turner	Migael	00:26:23.22	(12) JUNIOR	POS 39 OF 513 (M)
49	5KM	Lungameni	Allan	00:26:25.42	(14) JUNIOR	POS 40 OF 513 (M)
50	5KM	Nauwela	Elijah	00:26:28.59	(32) OPEN	POS 41 OF 513 (M)
51	5KM	Van Niekerk	Joseph	00:26:32.79	(16) JUNIOR	POS 42 OF 513 (M)
52	5KM	Katjitae	Uaningirua Bruce	00:26:33.17	(16) JUNIOR	POS 43 OF 513 (M)
53	5KM	Gaomas	Engela Isolda	00:26:35.61	(22) OPEN	POS 10 OF 712 (F)
54	5KM	Gebhardt	Paul	00:26:40.65	(29) OPEN	POS 44 OF 513 (M)
55	5KM	Matswetu	Manna	00:26:44.28	(48) VETERAN	POS 45 OF 513 (M)
56	5KM	Hoeksema	Nicolaas	00:26:47.66	(45) VETERAN	POS 46 OF 513 (M)
57	5KM	Hoeksema	Theo	00:26:49.22	(48) VETERAN	POS 47 OF 513 (M)
58	5KM	Turner	Annika	00:26:57.62	(11) JUNIOR	POS 11 OF 712 (F)
59	5KM	Kaumbi	Uazuva	00:26:58.49	(17) JUNIOR	POS 48 OF 513 (M)
60	5KM	Coomer	Luke	00:26:59.43	(8) JUNIOR	POS 49 OF 513 (M)
61	5KM	Kauta	Jariretundu	00:27:00.71	(17) JUNIOR	POS 50 OF 513 (M)
62	5KM	Mcclune	Xavier	00:27:05.60	(15) JUNIOR	POS 51 OF 513 (M)
63	5KM	Hepkema	Liuwke	00:27:10.74	(14) JUNIOR	POS 52 OF 513 (M)
64	5KM	Mbaisa	Samara	00:27:12.63	(15) JUNIOR	POS 12 OF 712 (F)
65	5KM	Stewe	Rodney	00:27:14.37	(20) OPEN	POS 53 OF 513 (M)
66	5KM	Amadhila	Penda	00:27:22.29	(39) OPEN	POS 54 OF 513 (M)
67	5KM	Maass	Johan	00:27:25.44	(32) OPEN	POS 55 OF 513 (M)
68	5KM	Uuyuni	Ralph	00:27:28.34	(24) OPEN	POS 56 OF 513 (M)
69	5KM	Prinsloo	Francois	00:27:31.04	(36) OPEN	POS 57 OF 513 (M)
70	5KM	Nguluwe	John	00:27:33.19	(26) OPEN	POS 58 OF 513 (M)
71	5KM	Gawachab	Taryll	00:27:38.21	(19) JUNIOR	POS 59 OF 513 (M)
72	5KM	Namaseb	Charles	00:27:38.89	(26) OPEN	POS 60 OF 513 (M)
73	5KM	Ngombe	Johannes	00:27:39.26	(25) OPEN	POS 61 OF 513 (M)
74	5KM	Murwira	Emmanuel	00:27:41.86	(39) OPEN	POS 62 OF 513 (M)
75	5KM	Fussell	Kian	00:27:43.33	(10) JUNIOR	POS 63 OF 513 (M)
76	5KM	Sakaria	Aili	00:27:46.15	(36) OPEN	POS 13 OF 712 (F)
77	5KM	Troh	Vanessa	00:28:01.76	(37) OPEN	POS 14 OF 712 (F)
78	5KM	Stubenrauch	Nicole	00:28:04.87	(15) JUNIOR	POS 15 OF 712 (F)
79	5KM	Klue	Kylib	00:28:07.80	(15) JUNIOR	POS 64 OF 513 (M)
80	5KM	Von Wielligh	Eugene	00:28:13.54	(46) VETERAN	POS 65 OF 513 (M)
81	5KM	Agapitus	Twazamo	00:28:23.06	(29) OPEN	POS 66 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
82	5KM	Simon	Sofia	00:28:32.28	(21) OPEN	POS 67 OF 513 (M)
83	5KM	Marggraff	Alex	00:28:32.35	(11) JUNIOR	POS 68 OF 513 (M)
84	5KM	Gollwitzer	Aidon	00:28:33.76	(11) JUNIOR	POS 69 OF 513 (M)
85	5KM	Murorua	Denver	00:28:35.99	(26) OPEN	POS 70 OF 513 (M)
86	5KM	Lewies	Wilmarc	00:28:40.54	(43) VETERAN	POS 71 OF 513 (M)
87	5KM	Imbuwa	Pax	00:28:43.80	(9) JUNIOR	POS 72 OF 513 (M)
88	5KM	Namaseb	Evans	00:28:46.76	(17) JUNIOR	POS 73 OF 513 (M)
89	5KM	Young	Camilla	00:28:48.23	(20) OPEN	POS 16 OF 712 (F)
90	5KM	Kahl	Ada	00:28:54.22	(13) JUNIOR	POS 17 OF 712 (F)
91	5KM	Agapitus	Nekwaya	00:28:56.36	(32) OPEN	POS 74 OF 513 (M)
92	5KM	Altmann	Nadine	00:29:04.91	(41) VETERAN	POS 18 OF 712 (F)
93	5KM	Beukes	Austin	00:29:06.87	(26) OPEN	POS 75 OF 513 (M)
94	5KM	Esslinger	Bernd	00:29:19.20	(50) MASTER	POS 76 OF 513 (M)
95	5KM	Smit	Qwet	00:29:22.94	(36) OPEN	POS 77 OF 513 (M)
96	5KM	Metzler	Giovanni	00:29:27.02	(33) OPEN	POS 78 OF 513 (M)
97	5KM	Hamutengela	Ndapama	00:29:27.17	(15) JUNIOR	POS 79 OF 513 (M)
98	5KM	Singh	Chirag	00:29:27.77	(15) JUNIOR	POS 80 OF 513 (M)
99	5KM	Kangiwa	Abdullaziz	00:29:28.63	(18) JUNIOR	POS 81 OF 513 (M)
100	5KM	Redecker	Friederike	00:29:31.17	(36) OPEN	POS 19 OF 712 (F)
101	5KM	Diehl	Carmen	00:29:32.78	(37) OPEN	POS 20 OF 712 (F)
102	5KM	Leff	Suzanne	00:29:41.88	(40) VETERAN	POS 21 OF 712 (F)
103	5KM	Maritz	Martin	00:29:43.98	(17) JUNIOR	POS 82 OF 513 (M)
104	5KM	Vries	Delano	00:29:47.00	(29) OPEN	POS 83 OF 513 (M)
105	5KM	Venter	Adriaan	00:29:51.06	(19) JUNIOR	POS 84 OF 513 (M)
106	5KM	Tawse	Logan	00:29:51.70	(16) JUNIOR	POS 22 OF 712 (F)
107	5KM	Magunde	Drayton	00:29:52.70	(27) OPEN	POS 85 OF 513 (M)
108	5KM	Moses	Ashipala	00:29:56.34	(39) OPEN	POS 86 OF 513 (M)
109	5KM	Nangonya	Alma	00:30:04.31	(30) OPEN	POS 23 OF 712 (F)
110	5KM	Bothma	Anri	00:30:05.31	(26) OPEN	POS 24 OF 712 (F)
111	5KM	Mataranyika	Daniel	00:30:07.84	(16) JUNIOR	POS 87 OF 513 (M)
112	5KM	Zwiebel	Dan	00:30:09.06	(38) OPEN	POS 88 OF 513 (M)
113	5KM	Van Tonder	Luke	00:30:11.05	(16) JUNIOR	POS 89 OF 513 (M)
114	5KM	Smith	Garren	00:30:11.58	(27) OPEN	POS 90 OF 513 (M)
115	5KM	Knoetze	Niels	00:30:11.98	(11) JUNIOR	POS 91 OF 513 (M)
116	5KM	Prinsloo	Dedrei	00:30:14.45	(17) JUNIOR	POS 25 OF 712 (F)
117	5KM	Bierbach	Michelle Shelly	00:30:18.73	(23) OPEN	POS 26 OF 712 (F)
118	5KM	Pellegrini	Robert	00:30:23.09	(41) VETERAN	POS 92 OF 513 (M)
119	5KM	Meyer	Keagan	00:30:25.08	(15) JUNIOR	POS 93 OF 513 (M)
120	5KM	Ferreira	Anton	00:30:29.14	(39) OPEN	POS 94 OF 513 (M)
121	5KM	Lombardt	Cleopatra	00:30:29.81	(13) JUNIOR	POS 27 OF 712 (F)
122	5KM	Bekker	Arnae	00:30:33.56	(28) OPEN	POS 28 OF 712 (F)
123	5KM	Van Tonder	Jurie	00:30:40.29	(39) OPEN	POS 95 OF 513 (M)
124	5KM	Akwenye	Jason	00:30:43.61	(27) OPEN	POS 96 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
125	5KM	Vente	Kathrin	00:30:49.28	(51) MASTER	POS 29 OF 712 (F)
126	5KM	Loftie-eaton	Karin	00:30:55.46	(14) JUNIOR	POS 30 OF 712 (F)
127	5KM	De Bruin	Ane	00:30:56.66	(14) JUNIOR	POS 31 OF 712 (F)
128	5KM	Master	Vitjituaije	00:31:01.08	(14) JUNIOR	POS 32 OF 712 (F)
129	5KM	Shilengudwa	Evan	00:31:04.16	(37) OPEN	POS 97 OF 513 (M)
130	5KM	Tjikukutu	Faith	00:31:04.45	(15) JUNIOR	POS 33 OF 712 (F)
131	5KM	Schneiders	Ricardo	00:31:07.20	(34) OPEN	POS 98 OF 513 (M)
132	5KM	Cowley	Joshua	00:31:12.03	(5) JUNIOR	POS 99 OF 513 (M)
133	5KM	Cowley	Tristan	00:31:12.71	(38) OPEN	POS 100 OF 513 (M)
134	5KM	Mathews	Melani	00:31:13.92	(32) OPEN	POS 34 OF 712 (F)
135	5KM	Diemer	Ulf	00:31:15.71	(35) OPEN	POS 101 OF 513 (M)
136	5KM	Gaeb	Herold	00:31:17.11	(33) OPEN	POS 102 OF 513 (M)
137	5KM	Louw	Ruan	00:31:24.70	(29) OPEN	POS 103 OF 513 (M)
138	5KM	Erni	Maike	00:31:27.13	(18) JUNIOR	POS 35 OF 712 (F)
139	5KM	Erni	Heinz	00:31:29.06	(49) VETERAN	POS 104 OF 513 (M)
140	5KM	Nghimbwasha	Delvalene	00:31:31.32	(34) OPEN	POS 36 OF 712 (F)
141	5KM	Imongwa	Bonifatius	00:31:34.16	(30) OPEN	POS 37 OF 712 (F)
142	5KM	Rukero	Wayne	00:31:41.20	(21) OPEN	POS 105 OF 513 (M)
143	5KM	L'estrange	Ethan	00:31:43.50	(15) JUNIOR	POS 106 OF 513 (M)
144	5KM	Kamati-chinkoti	Christophine Kitho	00:31:47.65	(42) VETERAN	POS 38 OF 712 (F)
145	5KM	Anguuo	Liisa	00:31:51.61	(27) OPEN	POS 39 OF 712 (F)
146	5KM	Nyatoti	Munashe	00:31:53.27	(17) JUNIOR	POS 107 OF 513 (M)
147	5KM	Flowers	Katherina	00:31:55.58	(41) VETERAN	POS 40 OF 712 (F)
148	5KM	Flowers	Adam	00:31:56.92	(42) VETERAN	POS 108 OF 513 (M)
149	5KM	Bredenkamp	Rene	00:31:59.44	(23) OPEN	POS 41 OF 712 (F)
150	5KM	Tjaverua	Fares	00:32:02.39	(29) OPEN	POS 109 OF 513 (M)
151	5KM	Mbulu	Rosa-stella	00:32:04.09	(43) VETERAN	POS 42 OF 712 (F)
152	5KM	Watson	Kian	00:32:05.15	(14) JUNIOR	POS 110 OF 513 (M)
153	5KM	Janse Van	Lientjie	00:32:09.22	(40) VETERAN	POS 43 OF 712 (F)
154	5KM	Ilyambo	Ananias	00:32:11.70	(46) VETERAN	POS 111 OF 513 (M)
155	5KM	Du Plessis	Nicholis	00:32:14.89	(13) JUNIOR	POS 112 OF 513 (M)
156	5KM	Beyleveld	Delmé	00:32:15.86	(25) OPEN	POS 44 OF 712 (F)
157	5KM	Bothma	Monique	00:32:18.33	(27) OPEN	POS 45 OF 712 (F)
158	5KM	Du Plessis	Monique	00:32:18.41	(15) JUNIOR	POS 46 OF 712 (F)
159	5KM	Van Rooi	Carlo	00:32:22.39	(45) VETERAN	POS 113 OF 513 (M)
160	5KM	Hiveluah	Joel	00:32:22.48	(13) JUNIOR	POS 114 OF 513 (M)
161	5KM	Redecker	Silke	00:32:24.19	(17) JUNIOR	POS 47 OF 712 (F)
162	5KM	Kamatuka	Uendjipa	00:32:26.44	(9) JUNIOR	POS 115 OF 513 (M)
163	5KM	Mackensen	Meike	00:32:27.03	(17) JUNIOR	POS 48 OF 712 (F)
164	5KM	Iyambo	Manu	00:32:28.49	(14) JUNIOR	POS 116 OF 513 (M)
165	5KM	Kamatuka	Virinao	00:32:29.91	(13) JUNIOR	POS 117 OF 513 (M)
166	5KM	Niipare	Tarohole	00:32:31.17	(18) JUNIOR	POS 49 OF 712 (F)
167	5KM	Uugwanga	Anna	00:32:33.73	(38) OPEN	POS 50 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
168	5KM	Dinath	Zeshaan	00:32:34.55	(34) OPEN	POS 118 OF 513 (M)
169	5KM	Fernandes	Flario	00:32:35.62	(35) OPEN	POS 119 OF 513 (M)
170	5KM	Du Toit	Jacques	00:32:37.27	(33) OPEN	POS 120 OF 513 (M)
171	5KM	Sakaria	Tangeni	00:32:39.45	(24) OPEN	POS 121 OF 513 (M)
172	5KM	Hoeksema	Patsy	00:32:42.06	(44) VETERAN	POS 51 OF 712 (F)
173	5KM	Bester	Wallace	00:32:45.66	(33) OPEN	POS 122 OF 513 (M)
174	5KM	Guthrie	Rachel	00:32:47.17	(19) JUNIOR	POS 52 OF 712 (F)
175	5KM	Feldmann	Kim	00:32:48.43	(13) JUNIOR	POS 53 OF 712 (F)
176	5KM	Kaulinge	Haimbili	00:32:55.52	(17) JUNIOR	POS 123 OF 513 (M)
177	5KM	Booyesen	Barend	00:32:55.82	(28) OPEN	POS 124 OF 513 (M)
178	5KM	Karsten	Riette	00:32:59.49	(23) OPEN	POS 54 OF 712 (F)
179	5KM	Isaacs	Maureen	00:33:00.41	(52) MASTER	POS 55 OF 712 (F)
180	5KM	Gille	Whalter	00:33:01.57	(47) VETERAN	POS 125 OF 513 (M)
181	5KM	Musiwa	Victor	00:33:03.07	(37) OPEN	POS 126 OF 513 (M)
182	5KM	Adams	Wendy	00:33:04.96	(48) VETERAN	POS 56 OF 712 (F)
183	5KM	Isaacs	Morgan	00:33:05.66	(25) OPEN	POS 127 OF 513 (M)
184	5KM	Waldschmidt	Zoe	00:33:09.11	(13) JUNIOR	POS 57 OF 712 (F)
185	5KM	Abrahams	Norris	00:33:14.31	(33) OPEN	POS 128 OF 513 (M)
186	5KM	Nell	Jaco	00:33:15.58	(27) OPEN	POS 129 OF 513 (M)
187	5KM	Kalisch	Hazeley	00:33:16.10	(9) JUNIOR	POS 58 OF 712 (F)
188	5KM	Krauer	Michael	00:33:24.73	(11) JUNIOR	POS 130 OF 513 (M)
189	5KM	Murangi	Vikapita	00:33:32.70	(17) JUNIOR	POS 131 OF 513 (M)
190	5KM	Amulungu	Tileni	00:33:36.27	(16) JUNIOR	POS 59 OF 712 (F)
191	5KM	Dan	Vicky	00:33:39.41	(35) OPEN	POS 60 OF 712 (F)
192	5KM	Dentlinger	Curtis	00:33:42.65	(9) JUNIOR	POS 132 OF 513 (M)
193	5KM	Haensel	Britta	00:33:43.05	(25) OPEN	POS 61 OF 712 (F)
194	5KM	Nakasole	Rebekka	00:33:56.18	(26) OPEN	POS 62 OF 712 (F)
195	5KM	De Goede	Hannah	00:33:56.41	(11) JUNIOR	POS 63 OF 712 (F)
196	5KM	Stubenrauch	Frauke	00:33:58.90	(48) VETERAN	POS 64 OF 712 (F)
197	5KM	Van Der Merwe	Lulu	00:33:59.57	(28) OPEN	POS 65 OF 712 (F)
198	5KM	Ilyambo	Natangwe	00:34:02.82	(15) JUNIOR	POS 133 OF 513 (M)
199	5KM	Nikanor	Trevor	00:34:04.05	(10) JUNIOR	POS 134 OF 513 (M)
200	5KM	Liebenberg	Ian	00:34:05.30	(14) JUNIOR	POS 135 OF 513 (M)
201	5KM	Oosthuizen	André	00:34:08.30	(20) OPEN	POS 136 OF 513 (M)
202	5KM	Milz	Michaela	00:34:13.05	(25) OPEN	POS 66 OF 712 (F)
203	5KM	Camm	Philadelphia	00:34:14.31	(28) OPEN	POS 67 OF 712 (F)
204	5KM	Lottering	Tracy	00:34:15.30	(29) OPEN	POS 68 OF 712 (F)
205	5KM	Jansen Van	Liezl	00:34:16.28	(34) OPEN	POS 69 OF 712 (F)
206	5KM	Dreyer	Charl	00:34:20.21	(23) OPEN	POS 137 OF 513 (M)
207	5KM	Jacobs	Carine	00:34:31.86	(36) OPEN	POS 70 OF 712 (F)
208	5KM	Niilonga	Fiina	00:34:33.57	(24) OPEN	POS 71 OF 712 (F)
209	5KM	Joel	Jooloiceni	00:34:33.69	(31) OPEN	POS 72 OF 712 (F)
210	5KM	Burger	Sula	00:34:36.49	(13) JUNIOR	POS 73 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
211	5KM	Motswoadisa	Melvin	00:34:36.78	(36) OPEN	POS 138 OF 513 (M)
212	5KM	Burger	Jannie	00:34:38.38	(47) VETERAN	POS 139 OF 513 (M)
213	5KM	Van Wyk	Kesia	00:34:44.18	(18) JUNIOR	POS 74 OF 712 (F)
214	5KM	Oosthuizen	Adelé	00:34:45.59	(37) OPEN	POS 75 OF 712 (F)
215	5KM	Thirion	Marlize	00:34:45.82	(45) VETERAN	POS 76 OF 712 (F)
216	5KM	Burger	Marlize	00:34:46.60	(26) OPEN	POS 77 OF 712 (F)
217	5KM	Hsu	Alan	00:34:57.49	(20) OPEN	POS 140 OF 513 (M)
218	5KM	Haingura	Lodeen	00:34:58.66	(15) JUNIOR	POS 78 OF 712 (F)
219	5KM	Nengola	Taleni	00:35:00.07	(28) OPEN	POS 79 OF 712 (F)
220	5KM	Klotz	Otto Snr	00:35:10.22	(44) VETERAN	POS 141 OF 513 (M)
221	5KM	Makari	Mberijandja	00:35:14.96	(14) JUNIOR	POS 80 OF 712 (F)
222	5KM	Esar	Tunaki	00:35:17.82	(18) JUNIOR	POS 81 OF 712 (F)
223	5KM	Haiduwa	Julia	00:35:25.71	(36) OPEN	POS 82 OF 712 (F)
224	5KM	Kauejao	Jenenisa	00:35:32.45	(16) JUNIOR	POS 142 OF 513 (M)
225	5KM	Nengola	Nelao	00:35:32.94	(31) OPEN	POS 83 OF 712 (F)
226	5KM	Herselman	Corne Winette	00:35:33.62	(45) VETERAN	POS 84 OF 712 (F)
227	5KM	Mugweni	Tadiwanashe	00:35:34.11	(14) JUNIOR	POS 85 OF 712 (F)
228	5KM	Mutonji	Kenih	00:35:37.40	(14) JUNIOR	POS 143 OF 513 (M)
229	5KM	Feldmann	Helen	00:35:40.69	(36) OPEN	POS 86 OF 712 (F)
230	5KM	Gille	Maruska	00:35:43.41	(39) OPEN	POS 87 OF 712 (F)
231	5KM	Itana	Tuna	00:35:44.42	(13) JUNIOR	POS 144 OF 513 (M)
232	5KM	Simasiku	Muzuki	00:35:47.81	(14) JUNIOR	POS 88 OF 712 (F)
233	5KM	Kuzeeko	Ujee	00:35:49.69	(13) JUNIOR	POS 145 OF 513 (M)
234	5KM	Du Plessis	Christopher	00:35:51.15	(46) VETERAN	POS 146 OF 513 (M)
235	5KM	Du Plessis	Timothy	00:35:52.10	(10) JUNIOR	POS 147 OF 513 (M)
236	5KM	Sithole	Edwin	00:35:56.34	(49) VETERAN	POS 148 OF 513 (M)
237	5KM	Kirby	Liz	00:35:59.71	(57) MASTER	POS 89 OF 712 (F)
238	5KM	Greeff	Amanda	00:36:01.56	(34) OPEN	POS 90 OF 712 (F)
239	5KM	Angula	Ndataala	00:36:02.96	(21) OPEN	POS 149 OF 513 (M)
240	5KM	Guthrie	Emma	00:36:08.98	(50) MASTER	POS 91 OF 712 (F)
241	5KM	Chinembiri	Wellington	00:36:13.29	(42) VETERAN	POS 150 OF 513 (M)
242	5KM	Heita	Maria	00:36:15.54	(42) VETERAN	POS 92 OF 712 (F)
243	5KM	Kahl	Jesse Ada	00:36:18.22	(49) VETERAN	POS 93 OF 712 (F)
244	5KM	Du Preez	Gert	00:36:18.98	(36) OPEN	POS 151 OF 513 (M)
245	5KM	Du Preez	Mari	00:36:19.93	(35) OPEN	POS 94 OF 712 (F)
246	5KM	Sithole	Simbarashe	00:36:28.23	(15) JUNIOR	POS 152 OF 513 (M)
247	5KM	Gessner	Roscoe	00:36:29.22	(7) JUNIOR	POS 153 OF 513 (M)
248	5KM	Duvenhage	Natasha	00:36:29.39	(25) OPEN	POS 95 OF 712 (F)
249	5KM	Quarmby	Stephanie	00:36:30.03	(33) OPEN	POS 96 OF 712 (F)
250	5KM	Shimhanda	Maiya	00:36:32.48	(27) OPEN	POS 97 OF 712 (F)
251	5KM	Grunewald	Sonja	00:36:33.13	(16) JUNIOR	POS 98 OF 712 (F)
252	5KM	Silas	Alli	00:36:34.19	(28) OPEN	POS 99 OF 712 (F)
253	5KM	De Waldt	Indepentia	00:36:37.08	(40) VETERAN	POS 100 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
254	5KM	Prinsloo	Anna	00:36:39.30	(43) VETERAN	POS 101 OF 712 (F)
255	5KM	Bombosch	Jessica	00:36:44.99	(20) OPEN	POS 154 OF 513 (M)
256	5KM	Bombosch	Madeline	00:36:45.52	(45) VETERAN	POS 102 OF 712 (F)
257	5KM	Hitikua	Ella	00:36:53.96	(37) OPEN	POS 103 OF 712 (F)
258	5KM	Hamunela	Juliana	00:36:55.94	(30) OPEN	POS 104 OF 712 (F)
259	5KM	Van Taak	Le-andra	00:36:58.33	(25) OPEN	POS 105 OF 712 (F)
260	5KM	Shiyuka	Catalela	00:36:58.54	(6) JUNIOR	POS 106 OF 712 (F)
261	5KM	Hango	Lusia	00:36:58.67	(39) OPEN	POS 107 OF 712 (F)
262	5KM	Henning	Mieke	00:36:59.30	(20) OPEN	POS 108 OF 712 (F)
263	5KM	Burger	Olive	00:37:01.61	(10) JUNIOR	POS 109 OF 712 (F)
264	5KM	Diez	Lara	00:37:01.83	(50) MASTER	POS 110 OF 712 (F)
265	5KM	Marggraff	Annie	00:37:02.56	(42) VETERAN	POS 111 OF 712 (F)
266	5KM	Dias	Pombili	00:37:04.45	(39) OPEN	POS 112 OF 712 (F)
267	5KM	Shivute	Tania	00:37:06.69	(30) OPEN	POS 113 OF 712 (F)
268	5KM	Amulungu	Tugongela	00:37:06.72	(15) JUNIOR	POS 114 OF 712 (F)
269	5KM	Engelbrecht	Michiel	00:37:11.53	(20) OPEN	POS 155 OF 513 (M)
270	5KM	De Wee	Kayla	00:37:12.44	(14) JUNIOR	POS 115 OF 712 (F)
271	5KM	Penderis	Conner	00:37:14.25	(13) JUNIOR	POS 156 OF 513 (M)
272	5KM	Slinger	Jewel	00:37:15.17	(13) JUNIOR	POS 116 OF 712 (F)
273	5KM	Kativara	Tapiwanasne	00:37:20.56	(8) JUNIOR	POS 157 OF 513 (M)
274	5KM	Brinkmann	Emma	00:37:24.71	(8) JUNIOR	POS 117 OF 712 (F)
275	5KM	Brinkmann	Peter	00:37:26.34	(42) VETERAN	POS 158 OF 513 (M)
276	5KM	Witbooi	Bernice	00:37:30.31	(15) JUNIOR	POS 118 OF 712 (F)
277	5KM	Van Niekerk	Christine	00:37:31.93	(11) JUNIOR	POS 119 OF 712 (F)
278	5KM	Hendrickse	Benjamin	00:37:34.21	(11) JUNIOR	POS 159 OF 513 (M)
279	5KM	Beckefeld	Henrike	00:37:34.96	(19) JUNIOR	POS 120 OF 712 (F)
280	5KM	Eiseb	Carlyle	00:37:36.68	(12) JUNIOR	POS 160 OF 513 (M)
281	5KM	Dias	Zyana	00:37:37.10	(7) JUNIOR	POS 121 OF 712 (F)
282	5KM	Philander	Yanis	00:37:38.15	(12) JUNIOR	POS 161 OF 513 (M)
283	5KM	Gideon	Patronella	00:37:41.86	(29) OPEN	POS 122 OF 712 (F)
284	5KM	David	Thomas	00:37:44.37	(14) JUNIOR	POS 162 OF 513 (M)
285	5KM	Smith	Robin	00:37:51.15	(24) OPEN	POS 123 OF 712 (F)
286	5KM	De Wee	Kiara	00:37:54.91	(11) JUNIOR	POS 124 OF 712 (F)
287	5KM	Dias	Zuriel	00:37:57.42	(10) JUNIOR	POS 163 OF 513 (M)
288	5KM	Coetzee	Merencia	00:37:57.45	(16) JUNIOR	POS 125 OF 712 (F)
289	5KM	Simasiku	Alfred	00:38:03.23	(20) OPEN	POS 164 OF 513 (M)
290	5KM	Bekker	Hendrik	00:38:10.59	(30) OPEN	POS 165 OF 513 (M)
291	5KM	Shikongo	Panduleni	00:38:12.01	(29) OPEN	POS 126 OF 712 (F)
292	5KM	Klein	Binette	00:38:12.73	(30) OPEN	POS 127 OF 712 (F)
293	5KM	Bekker	Christina	00:38:13.65	(26) OPEN	POS 128 OF 712 (F)
294	5KM	Mbudje	Hinasha	00:38:14.16	(33) OPEN	POS 129 OF 712 (F)
295	5KM	Thirion	Lesley-ann	00:38:14.71	(25) OPEN	POS 130 OF 712 (F)
296	5KM	Hartung	Charlene	00:38:17.79	(36) OPEN	POS 131 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
297	5KM	Sheehama	Magdalena	00:38:25.01	(11) JUNIOR	POS 132 OF 712 (F)
298	5KM	Heita	H	00:38:30.18	(26) OPEN	POS 133 OF 712 (F)
299	5KM	Julius	Le-roshaan	00:38:30.43	(9) JUNIOR	POS 134 OF 712 (F)
300	5KM	Paulus	Sakeus	00:38:32.67	(27) OPEN	POS 166 OF 513 (M)
301	5KM	Ludik	Cornelius	00:38:34.27	(38) OPEN	POS 167 OF 513 (M)
302	5KM	Angula	Alma	00:38:39.97	(31) OPEN	POS 135 OF 712 (F)
303	5KM	De Beer	Kashifa	00:38:42.15	(32) OPEN	POS 136 OF 712 (F)
304	5KM	Amuaalua	Latoya	00:38:42.41	(9) JUNIOR	POS 137 OF 712 (F)
305	5KM	Pieters	Ralph	00:38:43.18	(17) JUNIOR	POS 168 OF 513 (M)
306	5KM	January	Caitlyn	00:38:50.73	(11) JUNIOR	POS 138 OF 712 (F)
307	5KM	Scholtz	Kelly-ann	00:38:52.93	(11) JUNIOR	POS 139 OF 712 (F)
308	5KM	Alemu	Mickey	00:38:55.43	(20) OPEN	POS 169 OF 513 (M)
309	5KM	Samuel	Noafa	00:39:00.05	(24) OPEN	POS 140 OF 712 (F)
310	5KM	Oosthuizen	Simonne	00:39:00.95	(43) VETERAN	POS 141 OF 712 (F)
311	5KM	Abrahams	Ashlynn	00:39:02.90	(10) JUNIOR	POS 142 OF 712 (F)
312	5KM	Awaseb	Edwald	00:39:03.06	(25) OPEN	POS 170 OF 513 (M)
313	5KM	Marange	Tanatswa	00:39:05.84	(8) JUNIOR	POS 171 OF 513 (M)
314	5KM	Heesom	Luca Oliver Josua	00:39:07.74	(10) JUNIOR	POS 172 OF 513 (M)
315	5KM	Kalemeera	Fidelle	00:39:08.25	(14) JUNIOR	POS 173 OF 513 (M)
316	5KM	Tjipangandjara	Kajjanda	00:39:11.37	(18) JUNIOR	POS 174 OF 513 (M)
317	5KM	Gomes Pereira	Neuza Alexandra	00:39:13.70	(40) VETERAN	POS 143 OF 712 (F)
318	5KM	Amutse	Axel	00:39:15.17	(27) OPEN	POS 175 OF 513 (M)
319	5KM	Lewies	Ohama	00:39:18.66	(12) JUNIOR	POS 176 OF 513 (M)
320	5KM	Nakutwima	Nuuyoma	00:39:20.67	(17) JUNIOR	POS 177 OF 513 (M)
321	5KM	Human	Dinah	00:39:21.10	(32) OPEN	POS 144 OF 712 (F)
322	5KM	Gawaseb	Julian	00:39:23.14	(16) JUNIOR	POS 178 OF 513 (M)
323	5KM	Shiyuka	Juayden	00:39:24.28	(18) JUNIOR	POS 179 OF 513 (M)
324	5KM	Pieters	Simone	00:39:24.95	(0) JUNIOR	POS 145 OF 712 (F)
325	5KM	Kalangula	Otto	00:39:25.90	(29) OPEN	POS 180 OF 513 (M)
326	5KM	De Almeida	Jaime Ndini	00:39:26.92	(15) JUNIOR	POS 181 OF 513 (M)
327	5KM	Van Zyl	Sandra	00:39:31.60	(49) VETERAN	POS 146 OF 712 (F)
328	5KM	Ithete	Hafeni	00:39:34.21	(17) JUNIOR	POS 182 OF 513 (M)
329	5KM	Garises	Liberty	00:39:37.98	(24) OPEN	POS 147 OF 712 (F)
330	5KM	Nathinghe	Paula	00:39:41.96	(16) JUNIOR	POS 148 OF 712 (F)
331	5KM	Chata	Dimpho	00:39:42.29	(16) JUNIOR	POS 183 OF 513 (M)
332	5KM	Martins	Giovanny	00:39:43.29	(23) OPEN	POS 184 OF 513 (M)
333	5KM	Hayes	Nico	00:39:46.51	(9) JUNIOR	POS 185 OF 513 (M)
334	5KM	Katjitae	Jandjee	00:39:48.95	(14) JUNIOR	POS 149 OF 712 (F)
335	5KM	Masara	Brendon	00:39:50.47	(17) JUNIOR	POS 186 OF 513 (M)
336	5KM	Hendricks	Mildred	00:39:56.54	(49) VETERAN	POS 150 OF 712 (F)
337	5KM	Chinembiri	Nashe	00:40:00.07	(17) JUNIOR	POS 187 OF 513 (M)
338	5KM	Philander	Ruben	00:40:02.06	(49) VETERAN	POS 188 OF 513 (M)
339	5KM	Chipfupa	Anesu	00:40:03.26	(12) JUNIOR	POS 189 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
340	5KM	Shebo	Kaylin	00:40:03.78	(12) JUNIOR	POS 151 OF 712 (F)
341	5KM	Steytler	Gesami Lillian	00:40:04.71	(20) OPEN	POS 152 OF 712 (F)
342	5KM	Rhodes	Stephanie	00:40:05.60	(32) OPEN	POS 153 OF 712 (F)
343	5KM	Mutjavikua	Undjizuva	00:40:05.63	(19) JUNIOR	POS 190 OF 513 (M)
344	5KM	Loubser	Bailey	00:40:08.46	(11) JUNIOR	POS 154 OF 712 (F)
345	5KM	Geyser	Mikayla	00:40:08.49	(10) JUNIOR	POS 155 OF 712 (F)
346	5KM	Mutua	Lucia	00:40:10.84	(46) VETERAN	POS 156 OF 712 (F)
347	5KM	Tlhabanello	Fikile	00:40:11.71	(15) JUNIOR	POS 157 OF 712 (F)
348	5KM	Nekwaya	Oiva	00:40:21.27	(17) JUNIOR	POS 191 OF 513 (M)
349	5KM	Ndjuluwa	Saara	00:40:24.57	(31) OPEN	POS 158 OF 712 (F)
350	5KM	Nepembe	Winson	00:40:25.43	(43) VETERAN	POS 192 OF 513 (M)
351	5KM	Nampadhi	Lovisa	00:40:26.07	(26) OPEN	POS 159 OF 712 (F)
352	5KM	Craill	Michelle	00:40:28.76	(44) VETERAN	POS 160 OF 712 (F)
353	5KM	Louw	Demi	00:40:30.24	(16) JUNIOR	POS 161 OF 712 (F)
354	5KM	Blignaut	Danie	00:40:30.68	(46) VETERAN	POS 193 OF 513 (M)
355	5KM	Parsons	Azander	00:40:31.32	(17) JUNIOR	POS 194 OF 513 (M)
356	5KM	Schimming-chase	Afra	00:40:32.17	(46) VETERAN	POS 162 OF 712 (F)
357	5KM	Eises	Joanette	00:40:32.43	(31) OPEN	POS 163 OF 712 (F)
358	5KM	Sindano	Immanuel Bradley	00:40:33.23	(15) JUNIOR	POS 195 OF 513 (M)
359	5KM	Luanda	John	00:40:33.95	(28) OPEN	POS 196 OF 513 (M)
360	5KM	Hauuanga	Jessica	00:40:37.32	(45) VETERAN	POS 164 OF 712 (F)
361	5KM	Hauuanga	Jody	00:40:40.33	(11) JUNIOR	POS 165 OF 712 (F)
362	5KM	De Klerk	Ivor	00:40:41.42	(30) OPEN	POS 197 OF 513 (M)
363	5KM	Amadhila	D'helen	00:40:42.00	(7) JUNIOR	POS 166 OF 712 (F)
364	5KM	Narib	Darius	00:40:48.12	(15) JUNIOR	POS 198 OF 513 (M)
365	5KM	Elindi	Peter	00:40:55.51	(16) JUNIOR	POS 199 OF 513 (M)
366	5KM	Du Preez	Mathys	00:40:58.90	(15) JUNIOR	POS 200 OF 513 (M)
367	5KM	Ueitele	Kaunapaua	00:41:03.06	(16) JUNIOR	POS 167 OF 712 (F)
368	5KM	Kauta	Mberipura	00:41:04.50	(13) JUNIOR	POS 168 OF 712 (F)
369	5KM	Platt	Tamar	00:41:04.72	(13) JUNIOR	POS 169 OF 712 (F)
370	5KM	Potgieter	Laurence	00:41:04.72	(14) JUNIOR	POS 201 OF 513 (M)
371	5KM	Zirzow	Axel	00:41:08.93	(24) OPEN	POS 202 OF 513 (M)
372	5KM	Mbaisa	Caietta	00:41:09.72	(14) JUNIOR	POS 170 OF 712 (F)
373	5KM	Nambebe	Laimi	00:41:09.80	(31) OPEN	POS 171 OF 712 (F)
374	5KM	Klotz	Otto Jnr	00:41:14.34	(11) JUNIOR	POS 203 OF 513 (M)
375	5KM	Christians	Nicholas	00:41:15.05	(33) OPEN	POS 204 OF 513 (M)
376	5KM	Pellegrini	Kayden	00:41:15.59	(20) OPEN	POS 205 OF 513 (M)
377	5KM	Lombardt	Revolino	00:41:15.79	(11) JUNIOR	POS 206 OF 513 (M)
378	5KM	Pellegrini	Troyden	00:41:16.38	(11) JUNIOR	POS 207 OF 513 (M)
379	5KM	Shipanga	Leena	00:41:20.76	(25) OPEN	POS 172 OF 712 (F)
380	5KM	Shidute	Jackson	00:41:22.85	(18) JUNIOR	POS 208 OF 513 (M)
381	5KM	Naruseb	Tyronne	00:41:26.17	(18) JUNIOR	POS 209 OF 513 (M)
382	5KM	Chase-shiimi	Neo	00:41:26.79	(15) JUNIOR	POS 210 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
383	5KM	Natangwe	Giovanni	00:41:26.90	(8) JUNIOR	POS 211 OF 513 (M)
384	5KM	Nyero-ladujah	Mia	00:41:27.46	(15) JUNIOR	POS 173 OF 712 (F)
385	5KM	Mate	Mejandja	00:41:27.59	(15) JUNIOR	POS 174 OF 712 (F)
386	5KM	Rittmann	Surayah	00:41:29.13	(38) OPEN	POS 212 OF 513 (M)
387	5KM	Kalumbu	Sarah	00:41:31.01	(26) OPEN	POS 175 OF 712 (F)
388	5KM	Coetzee	Raul	00:41:33.94	(19) JUNIOR	POS 213 OF 513 (M)
389	5KM	Haimbili	Israel	00:41:39.87	(15) JUNIOR	POS 214 OF 513 (M)
390	5KM	Kisting	Jade	00:41:43.16	(16) JUNIOR	POS 176 OF 712 (F)
391	5KM	Gessner	Vicky	00:41:44.42	(42) VETERAN	POS 177 OF 712 (F)
392	5KM	Quinn	Caitlin	00:41:45.62	(27) OPEN	POS 178 OF 712 (F)
393	5KM	Geschke	Chrismar	00:41:46.46	(34) OPEN	POS 179 OF 712 (F)
394	5KM	Duvenhage	Zandre	00:41:46.58	(26) OPEN	POS 215 OF 513 (M)
395	5KM	Venter	Lere	00:41:47.87	(26) OPEN	POS 180 OF 712 (F)
396	5KM	Imbuwa	Moota	00:41:49.34	(12) JUNIOR	POS 216 OF 513 (M)
397	5KM	Venter	Jan Hendrik	00:41:49.54	(25) OPEN	POS 217 OF 513 (M)
398	5KM	Mweti	Albert	00:41:51.07	(39) OPEN	POS 218 OF 513 (M)
399	5KM	Karizembi	Vaaruka	00:41:52.72	(25) OPEN	POS 181 OF 712 (F)
400	5KM	Bravenboer	Marna-mari	00:41:52.73	(35) OPEN	POS 182 OF 712 (F)
401	5KM	Marinda	Fillemon	00:41:57.90	(27) OPEN	POS 219 OF 513 (M)
402	5KM	Basson	Edward	00:41:58.57	(15) JUNIOR	POS 220 OF 513 (M)
403	5KM	Negonga	Helena	00:42:01.40	(30) OPEN	POS 183 OF 712 (F)
404	5KM	Betwel	Nalitane	00:42:04.18	(4) JUNIOR	POS 184 OF 712 (F)
405	5KM	Bohke	Ulrike	00:42:07.47	(59) MASTER	POS 185 OF 712 (F)
406	5KM	Porfiro	Luis	00:42:11.00	(17) JUNIOR	POS 221 OF 513 (M)
407	5KM	Winfield	Castyn	00:42:11.21	(26) OPEN	POS 186 OF 712 (F)
408	5KM	Opperman	Maryna	00:42:11.49	(10) JUNIOR	POS 187 OF 712 (F)
409	5KM	Opperman	Gerda	00:42:12.03	(39) OPEN	POS 188 OF 712 (F)
410	5KM	Dos Santos	Ezequiel	00:42:12.50	(14) JUNIOR	POS 222 OF 513 (M)
411	5KM	Tshitenda	Fransiskus	00:42:13.94	(31) OPEN	POS 223 OF 513 (M)
412	5KM	Van Jaarsveldt	Christo	00:42:20.75	(40) VETERAN	POS 224 OF 513 (M)
413	5KM	Tshekuzah	Joe	00:42:23.17	(36) OPEN	POS 189 OF 712 (F)
414	5KM	Farmer	Cadence	00:42:23.70	(20) OPEN	POS 190 OF 712 (F)
415	5KM	Farmer	Karin	00:42:23.89	(44) VETERAN	POS 191 OF 712 (F)
416	5KM	Mosimane	Pau	00:42:27.44	(5) JUNIOR	POS 225 OF 513 (M)
417	5KM	Mosimane	Neo	00:42:27.67	(20) OPEN	POS 226 OF 513 (M)
418	5KM	Goliath	Lee	00:42:28.17	(0) JUNIOR	POS 192 OF 712 (F)
419	5KM	Mosimane	Elemotho	00:42:28.64	(20) OPEN	POS 193 OF 712 (F)
420	5KM	Swart	Yolandi	00:42:30.09	(51) MASTER	POS 194 OF 712 (F)
421	5KM	Swart	Henk	00:42:30.51	(51) MASTER	POS 227 OF 513 (M)
422	5KM	Martin	Darrylle	00:42:34.93	(14) JUNIOR	POS 228 OF 513 (M)
423	5KM	Gororo	Andrew	00:42:36.35	(20) OPEN	POS 229 OF 513 (M)
424	5KM	Balt	Alison	00:42:36.59	(41) VETERAN	POS 195 OF 712 (F)
425	5KM	Joubert	Isabella	00:42:37.62	(11) JUNIOR	POS 196 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
426	5KM	Joubert	Fatmeh	00:42:38.57	(39) OPEN	POS 197 OF 712 (F)
427	5KM	Sava Giner	Silvia	00:42:38.82	(20) OPEN	POS 198 OF 712 (F)
428	5KM	Kanime	Izak	00:42:42.32	(11) JUNIOR	POS 230 OF 513 (M)
429	5KM	Boois	Sharief	00:42:42.84	(25) OPEN	POS 231 OF 513 (M)
430	5KM	Williams-gororo	Wendy	00:42:43.05	(20) OPEN	POS 199 OF 712 (F)
431	5KM	Munkanda	Wallie	00:42:43.57	(43) VETERAN	POS 200 OF 712 (F)
432	5KM	Nitzborn	Daphné	00:42:44.79	(39) OPEN	POS 201 OF 712 (F)
433	5KM	Ntelame	Lee	00:42:47.90	(12) JUNIOR	POS 232 OF 513 (M)
434	5KM	De Klerk	Calvin	00:42:53.65	(20) OPEN	POS 233 OF 513 (M)
435	5KM	De Waal	Arren Clarke	00:42:58.69	(11) JUNIOR	POS 234 OF 513 (M)
436	5KM	Labuschagne	Franco	00:42:59.66	(31) OPEN	POS 235 OF 513 (M)
437	5KM	De Waal	Marnus	00:43:00.01	(31) OPEN	POS 236 OF 513 (M)
438	5KM	De Klerk	Peter-jac	00:43:00.40	(31) OPEN	POS 237 OF 513 (M)
439	5KM	Gabriel	David	00:43:09.24	(11) JUNIOR	POS 238 OF 513 (M)
440	5KM	Louw	Elize	00:43:11.84	(38) OPEN	POS 202 OF 712 (F)
441	5KM	Niipale	Kate	00:43:13.84	(40) VETERAN	POS 239 OF 513 (M)
442	5KM	Ndhlovu	Nadia	00:43:14.48	(23) OPEN	POS 203 OF 712 (F)
443	5KM	Low	Sophia	00:43:14.85	(7) JUNIOR	POS 204 OF 712 (F)
444	5KM	Van Wyk	Albertus	00:43:15.84	(41) VETERAN	POS 240 OF 513 (M)
445	5KM	Knoetze	Maya	00:43:16.21	(7) JUNIOR	POS 205 OF 712 (F)
446	5KM	Slinger	Layton	00:43:16.38	(17) JUNIOR	POS 241 OF 513 (M)
447	5KM	Kaupirura	Tjipenandjambi	00:43:16.70	(13) JUNIOR	POS 242 OF 513 (M)
448	5KM	Apollus	Zandria	00:43:16.84	(41) VETERAN	POS 206 OF 712 (F)
449	5KM	De Cavwer	Vera	00:43:17.87	(48) VETERAN	POS 243 OF 513 (M)
450	5KM	Jooste	Ceacer	00:43:18.94	(32) OPEN	POS 244 OF 513 (M)
451	5KM	Nakanyala	Tutileni	00:43:20.01	(14) JUNIOR	POS 207 OF 712 (F)
452	5KM	Knox	Nicky	00:43:20.21	(45) VETERAN	POS 208 OF 712 (F)
453	5KM	Hayes	Dana	00:43:23.90	(37) OPEN	POS 209 OF 712 (F)
454	5KM	Kapewasha	Hilja	00:43:24.18	(29) OPEN	POS 210 OF 712 (F)
455	5KM	Nakaka	Valencia	00:43:24.19	(13) JUNIOR	POS 211 OF 712 (F)
456	5KM	Ludik	Karis	00:43:26.23	(39) OPEN	POS 212 OF 712 (F)
457	5KM	Hayes	Max	00:43:28.03	(5) JUNIOR	POS 245 OF 513 (M)
458	5KM	Becker	Stefan	00:43:32.29	(17) JUNIOR	POS 246 OF 513 (M)
459	5KM	Gille	Joey	00:43:33.96	(18) JUNIOR	POS 247 OF 513 (M)
460	5KM	Apollus	Edmund	00:43:36.36	(41) VETERAN	POS 248 OF 513 (M)
461	5KM	Bester	Beate	00:43:38.66	(32) OPEN	POS 213 OF 712 (F)
462	5KM	Van Jaarsveldt	Michelle	00:43:41.27	(8) JUNIOR	POS 214 OF 712 (F)
463	5KM	Mouton	Kevin	00:43:43.63	(28) OPEN	POS 249 OF 513 (M)
464	5KM	Deckenbrock	Dee	00:43:46.94	(20) OPEN	POS 215 OF 712 (F)
465	5KM	Eiseb	Juliet	00:44:00.07	(25) OPEN	POS 216 OF 712 (F)
466	5KM	Alemu	Abraham	00:44:08.64	(20) OPEN	POS 250 OF 513 (M)
467	5KM	Nakala	Diana	00:44:11.62	(14) JUNIOR	POS 217 OF 712 (F)
468	5KM	Pieters	Magdalena	00:44:11.82	(38) OPEN	POS 218 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
469	5KM	Shilongo	Gerhard	00:44:15.59	(10) JUNIOR	POS 251 OF 513 (M)
470	5KM	Ndoroma	Naushure	00:44:18.30	(36) OPEN	POS 252 OF 513 (M)
471	5KM	Edwards	Joshua	00:44:19.64	(12) JUNIOR	POS 253 OF 513 (M)
472	5KM	Naitsi	lizyenda	00:44:19.90	(36) OPEN	POS 219 OF 712 (F)
473	5KM	Edwards	Markus	00:44:20.35	(45) VETERAN	POS 254 OF 513 (M)
474	5KM	Coomer	Anthony	00:44:21.40	(20) OPEN	POS 255 OF 513 (M)
475	5KM	Edwards	Brian	00:44:29.79	(10) JUNIOR	POS 256 OF 513 (M)
476	5KM	Balt	Caitlyn	00:44:31.29	(11) JUNIOR	POS 220 OF 712 (F)
477	5KM	Shindume	Christofina	00:44:39.82	(37) OPEN	POS 221 OF 712 (F)
478	5KM	Sikongo	Nuncia	00:44:41.84	(35) OPEN	POS 222 OF 712 (F)
479	5KM	Hangitome	Anna	00:44:41.98	(39) OPEN	POS 223 OF 712 (F)
480	5KM	Usiku	Ino-ethandje	00:44:43.63	(6) JUNIOR	POS 257 OF 513 (M)
481	5KM	Pinguinhas	Luca	00:44:44.62	(9) JUNIOR	POS 258 OF 513 (M)
482	5KM	Miranda	Molly	00:44:45.29	(40) VETERAN	POS 224 OF 712 (F)
483	5KM	Comalie	Jennifer	00:44:45.51	(45) VETERAN	POS 225 OF 712 (F)
484	5KM	Kisting	Harold	00:44:47.72	(49) VETERAN	POS 259 OF 513 (M)
485	5KM	Marima	Zanele	00:44:48.50	(11) JUNIOR	POS 226 OF 712 (F)
486	5KM	Vorster	Eckhardt	00:44:48.79	(43) VETERAN	POS 260 OF 513 (M)
487	5KM	Roets	Ruan	00:44:49.54	(14) JUNIOR	POS 261 OF 513 (M)
488	5KM	Strauss	Dominique	00:44:49.86	(16) JUNIOR	POS 227 OF 712 (F)
489	5KM	Vorster	Annarien	00:44:50.74	(43) VETERAN	POS 228 OF 712 (F)
490	5KM	Amupadhi	Elizabeth	00:45:01.04	(19) JUNIOR	POS 229 OF 712 (F)
491	5KM	Amakali	Prince	00:45:01.06	(9) JUNIOR	POS 262 OF 513 (M)
492	5KM	Marques	Albertina	00:45:02.44	(16) JUNIOR	POS 230 OF 712 (F)
493	5KM	Mapira	Selma	00:45:02.46	(37) OPEN	POS 231 OF 712 (F)
494	5KM	Michael	Elmandro	00:45:03.60	(15) JUNIOR	POS 263 OF 513 (M)
495	5KM	Michael	Kuzivakwashe	00:45:03.61	(10) JUNIOR	POS 264 OF 513 (M)
496	5KM	Slinger	Curtis	00:45:03.97	(15) JUNIOR	POS 265 OF 513 (M)
497	5KM	Blaauw	Jordan	00:45:04.10	(16) JUNIOR	POS 232 OF 712 (F)
498	5KM	Michael	Elisia	00:45:04.83	(38) OPEN	POS 233 OF 712 (F)
499	5KM	Michael	Amorique	00:45:04.88	(20) OPEN	POS 234 OF 712 (F)
500	5KM	Rusmann	Nadine	00:45:05.14	(29) OPEN	POS 235 OF 712 (F)
501	5KM	Mujoro	Jessica	00:45:05.33	(28) OPEN	POS 236 OF 712 (F)
502	5KM	Machado	Silvia	00:45:06.46	(29) OPEN	POS 237 OF 712 (F)
503	5KM	Abraham	Ester	00:45:07.38	(24) OPEN	POS 238 OF 712 (F)
504	5KM	Fillemon	Chistiaan	00:45:08.63	(20) OPEN	POS 266 OF 513 (M)
505	5KM	Shivute	Stefanus	00:45:09.68	(32) OPEN	POS 267 OF 513 (M)
506	5KM	Haihambo	Paulina	00:45:14.10	(28) OPEN	POS 239 OF 712 (F)
507	5KM	Williams	Aidan	00:45:14.85	(9) JUNIOR	POS 268 OF 513 (M)
508	5KM	Williams	Nadia	00:45:15.63	(32) OPEN	POS 240 OF 712 (F)
509	5KM	Williams	Cresswell	00:45:16.33	(34) OPEN	POS 269 OF 513 (M)
510	5KM	Matheis	Monique	00:45:17.30	(16) JUNIOR	POS 241 OF 712 (F)
511	5KM	Fourie	Amber	00:45:17.61	(11) JUNIOR	POS 242 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
512	5KM	Du Plessis	Jaqueline	00:45:18.69	(47) VETERAN	POS 243 OF 712 (F)
513	5KM	Rhodes	Anri	00:45:19.25	(23) OPEN	POS 244 OF 712 (F)
514	5KM	Du Plessis	Nicolaas	00:45:19.46	(50) MASTER	POS 270 OF 513 (M)
515	5KM	Aninanus	Helena	00:45:19.71	(37) OPEN	POS 245 OF 712 (F)
516	5KM	Van Niekerk	Ilka	00:45:20.34	(20) OPEN	POS 246 OF 712 (F)
517	5KM	Hillinger	Amaria	00:45:20.46	(20) OPEN	POS 247 OF 712 (F)
518	5KM	Beukes	Yolanda	00:45:21.39	(33) OPEN	POS 248 OF 712 (F)
519	5KM	Mwashindange	Twapewa	00:45:22.47	(28) OPEN	POS 249 OF 712 (F)
520	5KM	Hangula	Ndapandula	00:45:23.06	(15) JUNIOR	POS 250 OF 712 (F)
521	5KM	Ikela	Jane	00:45:23.78	(29) OPEN	POS 251 OF 712 (F)
522	5KM	Garises	Alexandrine	00:45:24.24	(41) VETERAN	POS 252 OF 712 (F)
523	5KM	Andrew	Surelda	00:45:27.47	(33) OPEN	POS 253 OF 712 (F)
524	5KM	Sundano	Musweu	00:45:28.46	(43) VETERAN	POS 271 OF 513 (M)
525	5KM	Mbeeli	Nikkie	00:45:33.48	(43) VETERAN	POS 272 OF 513 (M)
526	5KM	Van Wyk	Nicolai	00:45:36.57	(30) OPEN	POS 273 OF 513 (M)
527	5KM	Mutua	Ami	00:45:41.32	(5) JUNIOR	POS 254 OF 712 (F)
528	5KM	Mcclune	Zander	00:45:41.86	(15) JUNIOR	POS 274 OF 513 (M)
529	5KM	Mbeeli	Lizelle	00:45:42.13	(28) OPEN	POS 255 OF 712 (F)
530	5KM	Mbeeli	Klaudia	00:45:43.62	(42) VETERAN	POS 256 OF 712 (F)
531	5KM	Abrantes	Anja	00:45:48.29	(55) MASTER	POS 257 OF 712 (F)
532	5KM	Apollus	Edmund (junior)	00:45:50.34	(12) JUNIOR	POS 275 OF 513 (M)
533	5KM	Abrantes	Carli	00:45:51.45	(20) OPEN	POS 258 OF 712 (F)
534	5KM	Nel	Janelle	00:45:52.55	(12) JUNIOR	POS 259 OF 712 (F)
535	5KM	Prinsloo	Laura	00:45:53.70	(6) JUNIOR	POS 260 OF 712 (F)
536	5KM	Idhogela	Salome	00:45:55.75	(27) OPEN	POS 261 OF 712 (F)
537	5KM	Figura	Isalura	00:45:58.21	(31) OPEN	POS 262 OF 712 (F)
538	5KM	Apollus	Simone	00:46:00.70	(9) JUNIOR	POS 263 OF 712 (F)
539	5KM	Beukes	Ernest	00:46:11.16	(36) OPEN	POS 276 OF 513 (M)
540	5KM	Kavita	Vyaingana Billy	00:46:14.84	(8) JUNIOR	POS 277 OF 513 (M)
541	5KM	Kavita	Ella	00:46:14.86	(33) OPEN	POS 264 OF 712 (F)
542	5KM	Jansen	Morris	00:46:15.22	(28) OPEN	POS 278 OF 513 (M)
543	5KM	Du Plessis	Henriette	00:46:15.36	(58) MASTER	POS 265 OF 712 (F)
544	5KM	Sundano	Obrain Mbala	00:46:16.47	(11) JUNIOR	POS 279 OF 513 (M)
545	5KM	Kambala	Taamba	00:46:16.75	(17) JUNIOR	POS 266 OF 712 (F)
546	5KM	Du Preez	Helene	00:46:18.85	(12) JUNIOR	POS 267 OF 712 (F)
547	5KM	Ickua	Theo	00:46:31.99	(44) VETERAN	POS 280 OF 513 (M)
548	5KM	Uatjiau	Uetuzemburukisa	00:46:32.22	(33) OPEN	POS 268 OF 712 (F)
549	5KM	Tjivikua	Rachel	00:46:32.45	(43) VETERAN	POS 269 OF 712 (F)
550	5KM	Van Wyk	Kisha-neve	00:46:36.20	(16) JUNIOR	POS 270 OF 712 (F)
551	5KM	Naruses	Renate	00:46:38.00	(38) OPEN	POS 271 OF 712 (F)
552	5KM	Jacobs	Elize	00:46:39.58	(53) MASTER	POS 272 OF 712 (F)
553	5KM	Uukongo	Omagano	00:46:40.09	(23) OPEN	POS 273 OF 712 (F)
554	5KM	Nel	Sofia	00:46:40.56	(39) OPEN	POS 274 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
555	5KM	Nepembe	Sonia	00:46:40.89	(40) VETERAN	POS 275 OF 712 (F)
556	5KM	Ndivaye	Hilma	00:46:41.11	(23) OPEN	POS 276 OF 712 (F)
557	5KM	Kharases	Eklien	00:46:41.73	(36) OPEN	POS 277 OF 712 (F)
558	5KM	Mbaha	Mekukuye	00:46:52.90	(32) OPEN	POS 281 OF 513 (M)
559	5KM	Tjipura	Kunaa	00:46:55.09	(35) OPEN	POS 282 OF 513 (M)
560	5KM	Haileka	Jakob	00:46:57.15	(42) VETERAN	POS 283 OF 513 (M)
561	5KM	Ndakondja	Easter	00:46:57.73	(29) OPEN	POS 278 OF 712 (F)
562	5KM	Hillinger	Danielle	00:47:03.62	(12) JUNIOR	POS 279 OF 712 (F)
563	5KM	Abrahams	Lauren	00:47:09.04	(8) JUNIOR	POS 280 OF 712 (F)
564	5KM	Kapenda	Esa	00:47:16.25	(26) OPEN	POS 284 OF 513 (M)
565	5KM	Hilukiluah	Tuhafeni	00:47:16.72	(44) VETERAN	POS 285 OF 513 (M)
566	5KM	Mouton	Tiffely	00:47:17.73	(29) OPEN	POS 281 OF 712 (F)
567	5KM	Ngula	Maria	00:47:17.97	(16) JUNIOR	POS 282 OF 712 (F)
568	5KM	Phatela	Itumeleng Tumi	00:47:27.88	(16) JUNIOR	POS 283 OF 712 (F)
569	5KM	Damon	Kaylah	00:47:28.03	(14) JUNIOR	POS 284 OF 712 (F)
570	5KM	Kaurasia	Undjakuje	00:47:29.79	(14) JUNIOR	POS 285 OF 712 (F)
571	5KM	Brandt	Brumelda	00:47:29.90	(15) JUNIOR	POS 286 OF 712 (F)
572	5KM	Moyo	Michael	00:47:30.13	(16) JUNIOR	POS 286 OF 513 (M)
573	5KM	Bamm	Bronwyn	00:47:30.72	(16) JUNIOR	POS 287 OF 712 (F)
574	5KM	Katjaimo	Tjinomasa	00:47:31.09	(15) JUNIOR	POS 287 OF 513 (M)
575	5KM	Jantjies	Mishca	00:47:31.92	(25) OPEN	POS 288 OF 712 (F)
576	5KM	Ndijharine	Tjariri	00:47:32.08	(28) OPEN	POS 288 OF 513 (M)
577	5KM	Hango	Inodina	00:47:32.23	(36) OPEN	POS 289 OF 712 (F)
578	5KM	Rodrigues Belentani	Eduardo	00:47:49.14	(15) JUNIOR	POS 289 OF 513 (M)
579	5KM	Mareka	Samkelo	00:47:50.64	(15) JUNIOR	POS 290 OF 513 (M)
580	5KM	Tjipangandjara	Kumbee	00:47:52.45	(15) JUNIOR	POS 291 OF 513 (M)
581	5KM	Van Graan	Marissa	00:47:53.66	(31) OPEN	POS 290 OF 712 (F)
582	5KM	Van Graan	Kobus	00:47:54.82	(63) GRAND MASTER	POS 292 OF 513 (M)
583	5KM	Erasmus	Geneveve	00:47:54.84	(32) OPEN	POS 291 OF 712 (F)
584	5KM	Erasmus	Carmen	00:47:55.93	(36) OPEN	POS 292 OF 712 (F)
585	5KM	Koujo	Suzette	00:47:56.04	(14) JUNIOR	POS 293 OF 712 (F)
586	5KM	Garoes	Franciska	00:47:56.83	(20) OPEN	POS 294 OF 712 (F)
587	5KM	Valentin	John	00:47:58.08	(34) OPEN	POS 293 OF 513 (M)
588	5KM	Igaoseb	Dantani	00:47:59.06	(15) JUNIOR	POS 294 OF 513 (M)
589	5KM	Klein	Keaton	00:48:00.53	(18) JUNIOR	POS 295 OF 513 (M)
590	5KM	July	Liam	00:48:00.58	(18) JUNIOR	POS 296 OF 513 (M)
591	5KM	Nekundi	Joel	00:48:01.48	(17) JUNIOR	POS 297 OF 513 (M)
592	5KM	Amon	Esther	00:48:01.75	(29) OPEN	POS 295 OF 712 (F)
593	5KM	Feris	Stefanus	00:48:02.32	(39) OPEN	POS 298 OF 513 (M)
594	5KM	Joubert	Antoinette	00:48:03.51	(53) MASTER	POS 296 OF 712 (F)
595	5KM	Elago	Karin	00:48:03.64	(29) OPEN	POS 297 OF 712 (F)
596	5KM	Chipfupa	Claris	00:48:04.37	(40) VETERAN	POS 299 OF 513 (M)
597	5KM	Ifugula	Monica	00:48:04.95	(27) OPEN	POS 298 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
598	5KM	Chipfupa	Anopashe	00:48:06.65	(20) OPEN	POS 300 OF 513 (M)
599	5KM	Chipfupa	Mr	00:48:07.09	(20) OPEN	POS 301 OF 513 (M)
600	5KM	Alice	Alice	00:48:08.66	(24) OPEN	POS 299 OF 712 (F)
601	5KM	Muzangwa	Worship	00:48:08.91	(54) MASTER	POS 300 OF 712 (F)
602	5KM	Van Zyl	Irené	00:48:10.85	(34) OPEN	POS 301 OF 712 (F)
603	5KM	Boshoff	Jacolene	00:48:11.72	(52) MASTER	POS 302 OF 712 (F)
604	5KM	Klein	Cara	00:48:16.95	(6) JUNIOR	POS 303 OF 712 (F)
605	5KM	Van Wyk	Anchen	00:48:18.15	(32) OPEN	POS 304 OF 712 (F)
606	5KM	Husselmann	Althea	00:48:19.25	(40) VETERAN	POS 305 OF 712 (F)
607	5KM	Imbuwa	Laura	00:48:19.32	(37) OPEN	POS 306 OF 712 (F)
608	5KM	Imbuwa	Diane	00:48:20.22	(16) JUNIOR	POS 307 OF 712 (F)
609	5KM	Mbandeka	Etuna	00:48:20.23	(17) JUNIOR	POS 302 OF 513 (M)
610	5KM	Louw	Mckenzie	00:48:21.39	(6) JUNIOR	POS 308 OF 712 (F)
611	5KM	Gawanab-shmaila	Sinan	00:48:22.40	(16) JUNIOR	POS 303 OF 513 (M)
612	5KM	Witbooi	Henrino	00:48:22.45	(14) JUNIOR	POS 304 OF 513 (M)
613	5KM	Louw	Comdes Daniel	00:48:23.66	(3) JUNIOR	POS 305 OF 513 (M)
614	5KM	Mapele	Maiya	00:48:23.69	(27) OPEN	POS 309 OF 712 (F)
615	5KM	Mokomele	Charlet	00:48:27.76	(29) OPEN	POS 310 OF 712 (F)
616	5KM	Pieters	Patrick	00:48:29.08	(13) JUNIOR	POS 306 OF 513 (M)
617	5KM	Mutua	Alvin	00:48:30.47	(13) JUNIOR	POS 307 OF 513 (M)
618	5KM	Marais	Chanel	00:48:30.83	(15) JUNIOR	POS 311 OF 712 (F)
619	5KM	Mutua	Abigail	00:48:31.95	(10) JUNIOR	POS 312 OF 712 (F)
620	5KM	Marais	Lorraine	00:48:32.06	(44) VETERAN	POS 313 OF 712 (F)
621	5KM	Keister	Shomany	00:48:32.91	(26) OPEN	POS 314 OF 712 (F)
622	5KM	Usiku	Lelly	00:48:33.76	(42) VETERAN	POS 315 OF 712 (F)
623	5KM	Van Wyk	Ashraya	00:48:34.04	(6) JUNIOR	POS 316 OF 712 (F)
624	5KM	Shiningayamwe	Ester	00:48:34.82	(28) OPEN	POS 317 OF 712 (F)
625	5KM	Afrikaner	Wessels	00:48:35.83	(43) VETERAN	POS 308 OF 513 (M)
626	5KM	Kativara	Arthur	00:48:36.06	(39) OPEN	POS 309 OF 513 (M)
627	5KM	Usiku	Eeno	00:48:36.45	(8) JUNIOR	POS 310 OF 513 (M)
628	5KM	Kativara	Tamatswanasne	00:48:37.26	(6) JUNIOR	POS 318 OF 712 (F)
629	5KM	Usiku	Martin	00:48:37.53	(45) VETERAN	POS 311 OF 513 (M)
630	5KM	Schroder	Kieran	00:48:38.76	(8) JUNIOR	POS 319 OF 712 (F)
631	5KM	lipinge	Klaudia	00:48:38.96	(26) OPEN	POS 320 OF 712 (F)
632	5KM	Aring	Bianca	00:48:40.77	(40) VETERAN	POS 321 OF 712 (F)
633	5KM	Wolf	Lilly	00:48:41.84	(7) JUNIOR	POS 322 OF 712 (F)
634	5KM	Burger	Juanita	00:48:42.68	(40) VETERAN	POS 323 OF 712 (F)
635	5KM	Wolf	Mark	00:48:43.59	(38) OPEN	POS 312 OF 513 (M)
636	5KM	Aukongo	Abraham	00:48:46.02	(43) VETERAN	POS 313 OF 513 (M)
637	5KM	Jacobs	Fredelis Anthony	00:48:48.39	(12) JUNIOR	POS 314 OF 513 (M)
638	5KM	Assar	Joyce	00:48:56.90	(23) OPEN	POS 324 OF 712 (F)
639	5KM	Beukes	Adeline	00:48:58.58	(37) OPEN	POS 325 OF 712 (F)
640	5KM	Beukes	Jordyn	00:48:59.45	(7) JUNIOR	POS 326 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
641	5KM	Langendorf	Leslie	00:49:01.64	(14) JUNIOR	POS 315 OF 513 (M)
642	5KM	Du Preez	Charmain	00:49:03.51	(40) VETERAN	POS 327 OF 712 (F)
643	5KM	Page	Johanna	00:49:05.05	(40) VETERAN	POS 328 OF 712 (F)
644	5KM	Nakawhela	Sydney	00:49:09.55	(11) JUNIOR	POS 316 OF 513 (M)
645	5KM	Kazohua	Mariruaijani	00:49:17.48	(15) JUNIOR	POS 329 OF 712 (F)
646	5KM	Le Roux	Anneke	00:49:18.41	(50) MASTER	POS 330 OF 712 (F)
647	5KM	Rukata	Penouua	00:49:29.08	(15) JUNIOR	POS 331 OF 712 (F)
648	5KM	Visser	Pc	00:49:35.28	(31) OPEN	POS 317 OF 513 (M)
649	5KM	Stafford-evans	A	00:49:35.40	(43) VETERAN	POS 332 OF 712 (F)
650	5KM	Make	Jenyll	00:49:35.91	(27) OPEN	POS 333 OF 712 (F)
651	5KM	Gariseb	Raymond	00:49:36.14	(32) OPEN	POS 318 OF 513 (M)
652	5KM	Bishop	David	00:49:37.34	(40) VETERAN	POS 319 OF 513 (M)
653	5KM	Coetzee	Nellie	00:49:37.90	(55) MASTER	POS 334 OF 712 (F)
654	5KM	Kharuchas	Madonna	00:49:37.97	(28) OPEN	POS 335 OF 712 (F)
655	5KM	Cristovao	Ian	00:49:38.73	(29) OPEN	POS 320 OF 513 (M)
656	5KM	Coetzee	Charlotte	00:49:39.00	(33) OPEN	POS 336 OF 712 (F)
657	5KM	Von Lieres	Bianca	00:49:39.10	(47) VETERAN	POS 337 OF 712 (F)
658	5KM	Ferreira	Aalchia	00:49:39.53	(14) JUNIOR	POS 338 OF 712 (F)
659	5KM	De Klerk	Franzelle	00:49:39.63	(37) OPEN	POS 339 OF 712 (F)
660	5KM	De Klerk	Elle	00:49:39.90	(12) JUNIOR	POS 340 OF 712 (F)
661	5KM	Kambelela	Mati	00:49:46.04	(24) OPEN	POS 321 OF 513 (M)
662	5KM	Menab	Elizabeth	00:49:46.09	(36) OPEN	POS 341 OF 712 (F)
663	5KM	Kaniita	Landula	00:49:49.41	(20) OPEN	POS 342 OF 712 (F)
664	5KM	Abrahams	Arin	00:49:50.80	(7) JUNIOR	POS 322 OF 513 (M)
665	5KM	Abrahams	Anthony	00:49:52.19	(47) VETERAN	POS 323 OF 513 (M)
666	5KM	Skewa	Christine	00:49:52.56	(17) JUNIOR	POS 343 OF 712 (F)
667	5KM	Swartz	Jurné	00:49:53.57	(23) OPEN	POS 344 OF 712 (F)
668	5KM	Gouws	Jasmin	00:49:54.08	(15) JUNIOR	POS 345 OF 712 (F)
669	5KM	Micheletti	Filippo	00:50:00.25	(15) JUNIOR	POS 324 OF 513 (M)
670	5KM	Mulunga	Anna	00:50:01.64	(52) MASTER	POS 346 OF 712 (F)
671	5KM	Stears	Ilse	00:50:02.20	(20) OPEN	POS 347 OF 712 (F)
672	5KM	Du Plessis	Malekai	00:50:02.48	(9) JUNIOR	POS 325 OF 513 (M)
673	5KM	Cambell	Gia	00:50:03.05	(8) JUNIOR	POS 348 OF 712 (F)
674	5KM	Camacho	Ritha	00:50:04.89	(29) OPEN	POS 349 OF 712 (F)
675	5KM	Heigan	Marilyn	00:50:06.33	(22) OPEN	POS 350 OF 712 (F)
676	5KM	Grobler	Kyla	00:50:20.40	(18) JUNIOR	POS 351 OF 712 (F)
677	5KM	Mclaren	Elizabeth	00:50:20.79	(22) OPEN	POS 352 OF 712 (F)
678	5KM	Farmer	Wennyth	00:50:23.45	(22) OPEN	POS 353 OF 712 (F)
679	5KM	Shafashike	Josefine	00:50:24.82	(29) OPEN	POS 354 OF 712 (F)
680	5KM	Martin	Mariana	00:50:25.61	(35) OPEN	POS 355 OF 712 (F)
681	5KM	Roos	Charles	00:50:25.82	(28) OPEN	POS 326 OF 513 (M)
682	5KM	Van Wyk	Gail	00:50:25.96	(31) OPEN	POS 356 OF 712 (F)
683	5KM	Shikufa	Iwatula	00:50:26.40	(17) JUNIOR	POS 357 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
684	5KM	Ogbonna	Chukwurmka	00:50:26.62	(29) OPEN	POS 327 OF 513 (M)
685	5KM	Mangani	Sandy	00:50:27.53	(24) OPEN	POS 358 OF 712 (F)
686	5KM	Van Den Bosch	Lindy	00:50:27.95	(49) VETERAN	POS 359 OF 712 (F)
687	5KM	Hall	Liam	00:50:28.11	(17) JUNIOR	POS 328 OF 513 (M)
688	5KM	Matheis	Monique	00:50:29.83	(15) JUNIOR	POS 360 OF 712 (F)
689	5KM	Muatotele	Selma	00:50:30.02	(47) VETERAN	POS 361 OF 712 (F)
690	5KM	Mukaka	Lilian	00:50:32.19	(22) OPEN	POS 362 OF 712 (F)
691	5KM	Haimbili	Toini	00:50:34.10	(11) JUNIOR	POS 363 OF 712 (F)
692	5KM	Van Niekerk	Rene	00:50:37.09	(20) OPEN	POS 364 OF 712 (F)
693	5KM	Rust	Hella	00:50:37.45	(58) MASTER	POS 365 OF 712 (F)
694	5KM	Milz	Ingrid	00:50:38.73	(54) MASTER	POS 366 OF 712 (F)
695	5KM	Vilander	Raymondo	00:50:39.14	(14) JUNIOR	POS 329 OF 513 (M)
696	5KM	Samuel	Ester	00:50:41.78	(26) OPEN	POS 367 OF 712 (F)
697	5KM	Maswahu	Peter	00:50:42.08	(8) JUNIOR	POS 330 OF 513 (M)
698	5KM	Elago	Linda	00:50:43.50	(25) OPEN	POS 368 OF 712 (F)
699	5KM	Grunewald	Daniella	00:50:43.73	(23) OPEN	POS 369 OF 712 (F)
700	5KM	Nampala	Albertina	00:50:43.94	(45) VETERAN	POS 370 OF 712 (F)
701	5KM	Kamuiiri	Wendy	00:50:44.56	(38) OPEN	POS 371 OF 712 (F)
702	5KM	Smith	Payton O	00:50:46.07	(9) JUNIOR	POS 372 OF 712 (F)
703	5KM	Hung Diaz	Ichla	00:50:47.01	(13) JUNIOR	POS 373 OF 712 (F)
704	5KM	Jacobs	Samantha	00:50:54.28	(13) JUNIOR	POS 374 OF 712 (F)
705	5KM	Tichagwa	Daniel	00:50:57.21	(36) OPEN	POS 331 OF 513 (M)
706	5KM	Ossenbrink	Lisa	00:50:57.55	(25) OPEN	POS 375 OF 712 (F)
707	5KM	Whitelock	Ashia	00:50:59.84	(17) JUNIOR	POS 376 OF 712 (F)
708	5KM	Rowland	Cindy	00:51:00.36	(17) JUNIOR	POS 377 OF 712 (F)
709	5KM	Slinger	Gizelle	00:51:00.41	(9) JUNIOR	POS 378 OF 712 (F)
710	5KM	Wassenaar	Nicolaas	00:51:00.64	(18) JUNIOR	POS 332 OF 513 (M)
711	5KM	Serrer	Luka	00:51:00.81	(18) JUNIOR	POS 333 OF 513 (M)
712	5KM	Brussel	Renay	00:51:01.21	(23) OPEN	POS 379 OF 712 (F)
713	5KM	Swarts	Richi-dene	00:51:01.40	(13) JUNIOR	POS 380 OF 712 (F)
714	5KM	Alemu	Linda	00:51:02.39	(20) OPEN	POS 381 OF 712 (F)
715	5KM	Kawana	Anna	00:51:02.47	(15) JUNIOR	POS 382 OF 712 (F)
716	5KM	Nghiwilepo	Cliffon	00:51:02.57	(16) JUNIOR	POS 334 OF 513 (M)
717	5KM	Beukes	Frana	00:51:02.73	(39) OPEN	POS 383 OF 712 (F)
718	5KM	Losper	Georgitte	00:51:05.16	(30) OPEN	POS 384 OF 712 (F)
719	5KM	Williamson	Marli	00:51:06.14	(43) VETERAN	POS 385 OF 712 (F)
720	5KM	Egerer	Alexandra	00:51:06.59	(7) JUNIOR	POS 335 OF 513 (M)
721	5KM	Flochberge	Alina	00:51:07.20	(6) JUNIOR	POS 386 OF 712 (F)
722	5KM	Coetzee	Jacinta	00:51:07.88	(38) OPEN	POS 387 OF 712 (F)
723	5KM	Egerer	Marijke	00:51:09.34	(45) VETERAN	POS 388 OF 712 (F)
724	5KM	Mosslocher	Petra	00:51:09.57	(20) OPEN	POS 389 OF 712 (F)
725	5KM	Carter	Katherine	00:51:11.04	(44) VETERAN	POS 390 OF 712 (F)
726	5KM	Kibble	Lillian	00:51:11.67	(7) JUNIOR	POS 391 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
727	5KM	Kibble	Kym	00:51:11.71	(42) VETERAN	POS 392 OF 712 (F)
728	5KM	Uusiku	Niita	00:51:12.22	(44) VETERAN	POS 393 OF 712 (F)
729	5KM	Mcnamara	Scarlett	00:51:15.49	(7) JUNIOR	POS 394 OF 712 (F)
730	5KM	Gregan	Marc	00:51:16.32	(52) MASTER	POS 336 OF 513 (M)
731	5KM	Gregan	Zac	00:51:16.35	(8) JUNIOR	POS 337 OF 513 (M)
732	5KM	Beukes	Cindy	00:51:21.92	(26) OPEN	POS 395 OF 712 (F)
733	5KM	Naobeb	Leonardinho	00:51:23.39	(13) JUNIOR	POS 338 OF 513 (M)
734	5KM	Beukes	Natania	00:51:24.92	(29) OPEN	POS 396 OF 712 (F)
735	5KM	Isaacs	Ez-jay	00:51:26.10	(25) OPEN	POS 339 OF 513 (M)
736	5KM	Kluge	Nike	00:51:26.15	(15) JUNIOR	POS 397 OF 712 (F)
737	5KM	Parkhill	Leigh-anne	00:51:27.06	(37) OPEN	POS 398 OF 712 (F)
738	5KM	Parkhill	Carter	00:51:27.55	(7) JUNIOR	POS 340 OF 513 (M)
739	5KM	Parkhill	Ryan	00:51:29.86	(38) OPEN	POS 341 OF 513 (M)
740	5KM	Haiping	Barbra	00:51:31.12	(0) JUNIOR	POS 399 OF 712 (F)
741	5KM	Drotsky	Ustacia	00:51:31.84	(26) OPEN	POS 400 OF 712 (F)
742	5KM	Le Roux	Pieter-louis	00:51:31.87	(22) OPEN	POS 342 OF 513 (M)
743	5KM	Le Roux	Peter	00:51:32.42	(54) MASTER	POS 343 OF 513 (M)
744	5KM	Katjirua	Erica	00:51:33.17	(37) OPEN	POS 401 OF 712 (F)
745	5KM	Van Wyk	Jayden	00:51:34.33	(10) JUNIOR	POS 344 OF 513 (M)
746	5KM	Morgenroth	Henrico	00:51:35.60	(33) OPEN	POS 345 OF 513 (M)
747	5KM	Tjikune	Donna-dee	00:51:35.66	(22) OPEN	POS 402 OF 712 (F)
748	5KM	Ndjoze	Ngajozikue	00:51:35.83	(24) OPEN	POS 403 OF 712 (F)
749	5KM	Slamet	Richard John	00:51:37.47	(37) OPEN	POS 346 OF 513 (M)
750	5KM	Uanivi	Gerson	00:51:38.07	(42) VETERAN	POS 347 OF 513 (M)
751	5KM	Rukoro	Ray	00:51:38.12	(39) OPEN	POS 348 OF 513 (M)
752	5KM	Busen	Stefanie	00:51:38.99	(27) OPEN	POS 404 OF 712 (F)
753	5KM	Smith	Elizabeth	00:51:41.05	(48) VETERAN	POS 405 OF 712 (F)
754	5KM	Underhill	Ronel	00:51:45.63	(42) VETERAN	POS 406 OF 712 (F)
755	5KM	Cowley	Dylan	00:51:47.40	(6) JUNIOR	POS 349 OF 513 (M)
756	5KM	Chaplin	Jacob	00:51:48.96	(12) JUNIOR	POS 350 OF 513 (M)
757	5KM	Leff	Berrie	00:51:49.30	(40) VETERAN	POS 351 OF 513 (M)
758	5KM	Leff	Kaitlyn	00:51:50.50	(14) JUNIOR	POS 407 OF 712 (F)
759	5KM	Alves	Virginia	00:51:50.69	(59) MASTER	POS 408 OF 712 (F)
760	5KM	Chaplin	Tammy	00:51:51.46	(48) VETERAN	POS 409 OF 712 (F)
761	5KM	Underhill	Levalle	00:51:52.45	(14) JUNIOR	POS 352 OF 513 (M)
762	5KM	Uukunde	Penny	00:52:01.21	(59) MASTER	POS 410 OF 712 (F)
763	5KM	Johannes	Laina	00:52:01.32	(36) OPEN	POS 411 OF 712 (F)
764	5KM	Mtota	Pandula	00:52:08.43	(17) JUNIOR	POS 353 OF 513 (M)
765	5KM	Caparros	Larcel Owen	00:52:16.47	(17) JUNIOR	POS 354 OF 513 (M)
766	5KM	Caparros	Mailabel	00:52:16.94	(24) OPEN	POS 412 OF 712 (F)
767	5KM	Kamati	Joy	00:52:17.25	(17) JUNIOR	POS 413 OF 712 (F)
768	5KM	Haulofu	Shali	00:52:18.02	(14) JUNIOR	POS 355 OF 513 (M)
769	5KM	Neumbo	Ewaldine	00:52:20.39	(32) OPEN	POS 414 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
770	5KM	Amuenje	Aina	00:52:22.11	(17) JUNIOR	POS 415 OF 712 (F)
771	5KM	Nakwafila	Junior	00:52:24.08	(15) JUNIOR	POS 356 OF 513 (M)
772	5KM	Kammerling	Hannah	00:52:26.44	(20) OPEN	POS 416 OF 712 (F)
773	5KM	Lotz	Hannah	00:52:27.52	(27) OPEN	POS 417 OF 712 (F)
774	5KM	Mutota	Maria	00:52:27.54	(26) OPEN	POS 418 OF 712 (F)
775	5KM	Crownshaw	Sophy-ellen	00:52:29.75	(14) JUNIOR	POS 419 OF 712 (F)
776	5KM	Mazava	Kudzai	00:52:33.07	(37) OPEN	POS 420 OF 712 (F)
777	5KM	Marima	Tendah	00:52:33.07	(38) OPEN	POS 421 OF 712 (F)
778	5KM	Peters	Stephanie	00:52:34.07	(20) OPEN	POS 422 OF 712 (F)
779	5KM	Elago	Grace	00:52:40.72	(14) JUNIOR	POS 423 OF 712 (F)
780	5KM	Lee	Fiona	00:52:42.89	(14) JUNIOR	POS 424 OF 712 (F)
781	5KM	Eiseb	Celina	00:52:43.94	(14) JUNIOR	POS 425 OF 712 (F)
782	5KM	Zondagh	Jamie	00:52:46.28	(13) JUNIOR	POS 426 OF 712 (F)
783	5KM	Maswahu	Esther	00:52:52.92	(8) JUNIOR	POS 427 OF 712 (F)
784	5KM	Von Wielligh	B	00:52:53.45	(16) JUNIOR	POS 357 OF 513 (M)
785	5KM	Rowland	Tracey	00:52:55.67	(49) VETERAN	POS 428 OF 712 (F)
786	5KM	Kisting	Charlton	00:53:03.78	(28) OPEN	POS 358 OF 513 (M)
787	5KM	Kruger	Dehan	00:53:04.05	(7) JUNIOR	POS 359 OF 513 (M)
788	5KM	Plaatjes	Deidre	00:53:04.48	(0) JUNIOR	POS 429 OF 712 (F)
789	5KM	Kotzee	Manoch	00:53:05.72	(23) OPEN	POS 360 OF 513 (M)
790	5KM	Rukamba	Julianus Juli	00:53:05.90	(33) OPEN	POS 361 OF 513 (M)
791	5KM	Kruger	Roean	00:53:05.97	(45) VETERAN	POS 362 OF 513 (M)
792	5KM	Goagoses	Melissa	00:53:06.87	(30) OPEN	POS 430 OF 712 (F)
793	5KM	Van Niekerk	Marcia	00:53:08.70	(23) OPEN	POS 363 OF 513 (M)
794	5KM	Marima	Samuel	00:53:11.38	(7) JUNIOR	POS 364 OF 513 (M)
795	5KM	Mureko	Lucinda	00:53:12.37	(20) OPEN	POS 431 OF 712 (F)
796	5KM	Joseph	Colagelo	00:53:51.32	(8) JUNIOR	POS 365 OF 513 (M)
797	5KM	Gaoseb	Lorraine	00:53:58.04	(42) VETERAN	POS 432 OF 712 (F)
798	5KM	Joseph	Clifton	00:53:58.53	(36) OPEN	POS 366 OF 513 (M)
799	5KM	Samukute	Esther	00:54:01.12	(20) OPEN	POS 433 OF 712 (F)
800	5KM	Movirongo	Ngutjiua	00:54:05.27	(17) JUNIOR	POS 434 OF 712 (F)
801	5KM	Hochobeb	Rozayeeda	00:54:18.54	(14) JUNIOR	POS 435 OF 712 (F)
802	5KM	Grant	Amy	00:54:20.59	(20) OPEN	POS 436 OF 712 (F)
803	5KM	Grant	Robert	00:54:22.14	(44) VETERAN	POS 367 OF 513 (M)
804	5KM	Grant	Henry	00:54:22.94	(11) JUNIOR	POS 368 OF 513 (M)
805	5KM	Barlow	Sheldon	00:54:23.34	(6) JUNIOR	POS 437 OF 712 (F)
806	5KM	Barlow	Caylin	00:54:23.69	(8) JUNIOR	POS 438 OF 712 (F)
807	5KM	Hanes	Stefania	00:54:24.59	(38) OPEN	POS 439 OF 712 (F)
808	5KM	Hishidimbwa	Risto	00:54:24.67	(38) OPEN	POS 369 OF 513 (M)
809	5KM	Hailombe	Ivy	00:54:26.06	(33) OPEN	POS 440 OF 712 (F)
810	5KM	Kanime	Precious	00:54:27.43	(15) JUNIOR	POS 441 OF 712 (F)
811	5KM	Biniam	Armani	00:54:55.27	(4) JUNIOR	POS 370 OF 513 (M)
812	5KM	Ghirmatsion	Biniam	00:54:55.79	(44) VETERAN	POS 371 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
813	5KM	Carstens	Chantel	00:54:55.85	(39) OPEN	POS 442 OF 712 (F)
814	5KM	Williams	Junay	00:54:56.20	(27) OPEN	POS 443 OF 712 (F)
815	5KM	Hatton	Esmeralda	00:54:56.77	(20) OPEN	POS 444 OF 712 (F)
816	5KM	Akwaake	Priscilla	00:54:57.58	(27) OPEN	POS 445 OF 712 (F)
817	5KM	Jaeger	Maximillian	00:54:57.75	(29) OPEN	POS 372 OF 513 (M)
818	5KM	Amutenya	Simone	00:54:57.89	(31) OPEN	POS 446 OF 712 (F)
819	5KM	Mujoro	Tjipekapora	00:55:00.92	(28) OPEN	POS 447 OF 712 (F)
820	5KM	Gaoseb	Hannah	00:55:01.45	(13) JUNIOR	POS 448 OF 712 (F)
821	5KM	Gaoseb	Tjatjitia	00:55:02.19	(7) JUNIOR	POS 449 OF 712 (F)
822	5KM	Titus	Nicole	00:55:02.57	(25) OPEN	POS 450 OF 712 (F)
823	5KM	Van Wyk	Cliffet	00:55:02.68	(35) OPEN	POS 373 OF 513 (M)
824	5KM	Alcock	Joseph	00:55:08.96	(16) JUNIOR	POS 374 OF 513 (M)
825	5KM	Johnston	Hendrina	00:55:09.10	(28) OPEN	POS 451 OF 712 (F)
826	5KM	Bester	Andries	00:55:09.33	(29) OPEN	POS 375 OF 513 (M)
827	5KM	Coetzee	Jeanette	00:55:09.77	(31) OPEN	POS 452 OF 712 (F)
828	5KM	Joseph	Natascha	00:55:10.53	(37) OPEN	POS 453 OF 712 (F)
829	5KM	Saunders	Peter	00:55:10.67	(65) GRAND MASTER	POS 376 OF 513 (M)
830	5KM	Thierauch	Lynette	00:55:10.76	(25) OPEN	POS 454 OF 712 (F)
831	5KM	De Klerk	Lynette	00:55:11.25	(15) JUNIOR	POS 455 OF 712 (F)
832	5KM	Savage	Pearly	00:55:16.91	(30) OPEN	POS 456 OF 712 (F)
833	5KM	Le Roux	Lené	00:55:17.96	(24) OPEN	POS 457 OF 712 (F)
834	5KM	Saunders	Jessica	00:55:17.97	(24) OPEN	POS 458 OF 712 (F)
835	5KM	Samuquinda	Heloisa	00:55:18.11	(17) JUNIOR	POS 459 OF 712 (F)
836	5KM	Doise	Dorené	00:55:19.09	(24) OPEN	POS 460 OF 712 (F)
837	5KM	Doise	Grace	00:55:19.09	(43) VETERAN	POS 461 OF 712 (F)
838	5KM	Clark	Marco	00:55:19.21	(45) VETERAN	POS 377 OF 513 (M)
839	5KM	Doise	Doran	00:55:19.74	(45) VETERAN	POS 378 OF 513 (M)
840	5KM	Bosch	Liezel	00:55:20.24	(53) MASTER	POS 462 OF 712 (F)
841	5KM	Bosch	Lenay	00:55:21.85	(15) JUNIOR	POS 463 OF 712 (F)
842	5KM	Saad	Youseff	00:55:22.45	(47) VETERAN	POS 379 OF 513 (M)
843	5KM	Constable	Devlin W	00:55:22.95	(15) JUNIOR	POS 380 OF 513 (M)
844	5KM	Clark	Eric	00:55:22.96	(15) JUNIOR	POS 381 OF 513 (M)
845	5KM	Van Wyk	Danzil	00:55:23.25	(33) OPEN	POS 382 OF 513 (M)
846	5KM	Shongolo	Panduleni	00:55:23.26	(27) OPEN	POS 464 OF 712 (F)
847	5KM	Liebenberg	Darius	00:55:23.28	(20) OPEN	POS 383 OF 513 (M)
848	5KM	Haluodi	Jennifer	00:55:23.56	(32) OPEN	POS 465 OF 712 (F)
849	5KM	Boer	Abbelene	00:55:24.54	(41) VETERAN	POS 466 OF 712 (F)
850	5KM	Barnard	Jolize	00:55:24.78	(40) VETERAN	POS 467 OF 712 (F)
851	5KM	Smit	Magda	00:55:24.81	(51) MASTER	POS 468 OF 712 (F)
852	5KM	Louw	Coenrad	00:55:24.85	(52) MASTER	POS 384 OF 513 (M)
853	5KM	Smith	Lothario	00:55:32.91	(16) JUNIOR	POS 385 OF 513 (M)
854	5KM	Peel	Jordan	00:55:33.96	(14) JUNIOR	POS 386 OF 513 (M)
855	5KM	Hansen	Keanen	00:55:47.80	(15) JUNIOR	POS 387 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
856	5KM	Inaruseb	Tariq	00:55:49.97	(15) JUNIOR	POS 388 OF 513 (M)
857	5KM	Haumann	Carel	00:55:50.21	(42) VETERAN	POS 389 OF 513 (M)
858	5KM	Makura	Blessing	00:55:55.22	(8) JUNIOR	POS 469 OF 712 (F)
859	5KM	Hiveluah	Nissi	00:56:00.65	(10) JUNIOR	POS 470 OF 712 (F)
860	5KM	Chinembiri	Adryce	00:56:06.18	(10) JUNIOR	POS 471 OF 712 (F)
861	5KM	Uhrich	Volker	00:56:08.30	(63) GRAND MASTER	POS 390 OF 513 (M)
862	5KM	Uhrich	Heike	00:56:08.47	(58) MASTER	POS 472 OF 712 (F)
863	5KM	Joseph	Jaden	00:56:09.20	(10) JUNIOR	POS 473 OF 712 (F)
864	5KM	Trumper	Sonja	00:56:09.70	(20) OPEN	POS 474 OF 712 (F)
865	5KM	Liebenberg	Claire Alexandra	00:56:09.91	(53) MASTER	POS 475 OF 712 (F)
866	5KM	Haensel	Johann	00:56:09.91	(20) OPEN	POS 391 OF 513 (M)
867	5KM	Maritz	Talitha	00:56:10.26	(56) MASTER	POS 476 OF 712 (F)
868	5KM	Van Den Heever	Liza	00:56:10.46	(20) OPEN	POS 477 OF 712 (F)
869	5KM	Marange	Tiara Mazvita	00:56:16.03	(11) JUNIOR	POS 478 OF 712 (F)
870	5KM	Kühn	Elenore	00:56:18.03	(39) OPEN	POS 479 OF 712 (F)
871	5KM	Kühn	Mekayla	00:56:19.32	(14) JUNIOR	POS 480 OF 712 (F)
872	5KM	Kapuuu	Julius	00:56:24.34	(52) MASTER	POS 392 OF 513 (M)
873	5KM	Tjaveondja	Auhe	00:56:24.40	(21) OPEN	POS 481 OF 712 (F)
874	5KM	Ngezemba	Kasukoo	00:56:25.19	(16) JUNIOR	POS 482 OF 712 (F)
875	5KM	Van Wyk	Minette	00:56:26.49	(26) OPEN	POS 483 OF 712 (F)
876	5KM	Maasdorp	Cameron	00:56:28.45	(31) OPEN	POS 393 OF 513 (M)
877	5KM	Obholzer	Georg	00:56:29.55	(43) VETERAN	POS 394 OF 513 (M)
878	5KM	Bock	Wilna	00:56:30.51	(43) VETERAN	POS 484 OF 712 (F)
879	5KM	Carelse	Meagan	00:56:31.39	(30) OPEN	POS 485 OF 712 (F)
880	5KM	Kisting	Hernovan	00:56:31.57	(22) OPEN	POS 395 OF 513 (M)
881	5KM	Bolton	Fran	00:56:32.05	(56) MASTER	POS 486 OF 712 (F)
882	5KM	Ndepewa	Nakamwe	00:56:39.20	(28) OPEN	POS 487 OF 712 (F)
883	5KM	Kisting	Desilvia	00:56:40.57	(50) MASTER	POS 488 OF 712 (F)
884	5KM	Kisting	Kaydeah	00:56:43.74	(18) JUNIOR	POS 489 OF 712 (F)
885	5KM	Ndarakana	Timothy	00:56:51.45	(6) JUNIOR	POS 396 OF 513 (M)
886	5KM	Muhinda	Mudabet	00:56:53.37	(22) OPEN	POS 397 OF 513 (M)
887	5KM	Van Wyk	Jo-ann	00:57:00.19	(23) OPEN	POS 490 OF 712 (F)
888	5KM	Van Wyk	Renaldo	00:57:01.00	(28) OPEN	POS 398 OF 513 (M)
889	5KM	Van Der Merwe	Archie	00:57:01.38	(20) OPEN	POS 399 OF 513 (M)
890	5KM	Van Der Merwe	Carly	00:57:01.42	(42) VETERAN	POS 491 OF 712 (F)
891	5KM	Fussell	Roger	00:57:01.45	(48) VETERAN	POS 400 OF 513 (M)
892	5KM	Mbinda	Prieska	00:57:02.36	(60) GRAND MASTER	POS 492 OF 712 (F)
893	5KM	Mbinda	Faith	00:57:02.48	(31) OPEN	POS 493 OF 712 (F)
894	5KM	Hanekom	Zuraida	00:57:10.00	(6) JUNIOR	POS 494 OF 712 (F)
895	5KM	Amadhila	Iyaloo	00:57:10.08	(16) JUNIOR	POS 495 OF 712 (F)
896	5KM	Amadhila	Ndapanda	00:57:10.12	(14) JUNIOR	POS 496 OF 712 (F)
897	5KM	Eysselein	Kerstin	00:57:11.07	(39) JUNIOR	POS 497 OF 712 (F)
898	5KM	Eysselein	Pascal	00:57:11.15	(8) JUNIOR	POS 401 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
899	5KM	Jacobs	Zonah	00:57:12.43	(27) OPEN	POS 498 OF 712 (F)
900	5KM	Jacobs	Kian Bescy	00:57:12.59	(6) JUNIOR	POS 402 OF 513 (M)
901	5KM	Jacobs	Maureen	00:57:12.60	(4) JUNIOR	POS 499 OF 712 (F)
902	5KM	Boyce	Bonite	00:57:13.95	(42) VETERAN	POS 500 OF 712 (F)
903	5KM	Arendorf	Tamzyn	00:57:18.01	(12) JUNIOR	POS 501 OF 712 (F)
904	5KM	Amupolo	Railly	00:57:19.10	(9) JUNIOR	POS 502 OF 712 (F)
905	5KM	Aipanda	Nelao	00:57:20.02	(36) OPEN	POS 503 OF 712 (F)
906	5KM	Imbuwa	Noziz	00:57:20.29	(2) JUNIOR	POS 403 OF 513 (M)
907	5KM	Imbuwa	Elza	00:57:20.48	(20) OPEN	POS 504 OF 712 (F)
908	5KM	Muyatwa	Margareth	00:57:22.66	(17) JUNIOR	POS 505 OF 712 (F)
909	5KM	Tjingaete	Silvia	00:57:28.61	(64) GRAND MASTER	POS 506 OF 712 (F)
910	5KM	Iyambo	Erastus	00:57:29.08	(32) OPEN	POS 404 OF 513 (M)
911	5KM	Keil	Teresa	00:57:30.71	(33) OPEN	POS 507 OF 712 (F)
912	5KM	Strauss	Isak	00:57:37.01	(36) OPEN	POS 405 OF 513 (M)
913	5KM	Barnard	Phillip	00:57:37.24	(39) OPEN	POS 406 OF 513 (M)
914	5KM	Strauss	Charlotte	00:57:37.55	(38) OPEN	POS 508 OF 712 (F)
915	5KM	Hatton	Jessica	00:57:38.06	(6) JUNIOR	POS 509 OF 712 (F)
916	5KM	Strauss	Zay-leigh	00:57:38.43	(4) JUNIOR	POS 510 OF 712 (F)
917	5KM	Hatton	Alice	00:57:39.41	(6) JUNIOR	POS 511 OF 712 (F)
918	5KM	Vries	Fadiva	00:57:39.93	(24) OPEN	POS 512 OF 712 (F)
919	5KM	Constable	Suelene	00:57:45.32	(43) VETERAN	POS 513 OF 712 (F)
920	5KM	Van Der Merwe	Tertius	00:57:45.49	(50) MASTER	POS 407 OF 513 (M)
921	5KM	Zoganas	Dimitri Periklis	00:57:45.77	(50) MASTER	POS 514 OF 712 (F)
922	5KM	Apollus	Franzani	00:57:46.82	(11) JUNIOR	POS 515 OF 712 (F)
923	5KM	Kaumbi	Ruatandarara	00:57:48.22	(11) JUNIOR	POS 408 OF 513 (M)
924	5KM	Coetzee	Ronel	00:57:48.25	(45) VETERAN	POS 516 OF 712 (F)
925	5KM	Coetzee	Megan	00:57:49.23	(22) OPEN	POS 517 OF 712 (F)
926	5KM	Gaoses	Nollyda	00:57:50.43	(66) GRAND MASTER	POS 518 OF 712 (F)
927	5KM	Gaoses	Zola	00:57:50.82	(20) OPEN	POS 519 OF 712 (F)
928	5KM	Nhinda	Ndaamenwa	00:57:50.83	(33) OPEN	POS 520 OF 712 (F)
929	5KM	Gaoses	Zoe	00:57:50.84	(20) OPEN	POS 521 OF 712 (F)
930	5KM	Haumann	Roelof	00:57:51.23	(7) JUNIOR	POS 409 OF 513 (M)
931	5KM	Haumann	Cara	00:57:51.87	(11) JUNIOR	POS 522 OF 712 (F)
932	5KM	Ali	Nazleen	00:58:18.70	(32) OPEN	POS 523 OF 712 (F)
933	5KM	Gaoses	Bertha	00:58:18.97	(54) MASTER	POS 524 OF 712 (F)
934	5KM	Ahmed	Cheryl	00:58:19.16	(36) OPEN	POS 525 OF 712 (F)
935	5KM	Maletzky	Viaan	00:58:20.83	(30) OPEN	POS 410 OF 513 (M)
936	5KM	Shikoyeni	Laimi	00:58:21.00	(29) OPEN	POS 526 OF 712 (F)
937	5KM	Holtz	Linda	00:58:23.26	(39) OPEN	POS 527 OF 712 (F)
938	5KM	Holtz	Noah	00:58:23.57	(6) JUNIOR	POS 528 OF 712 (F)
939	5KM	Holtz	Lea	00:58:24.18	(8) JUNIOR	POS 529 OF 712 (F)
940	5KM	Posmer-shaw	Azara	00:58:24.27	(8) JUNIOR	POS 530 OF 712 (F)
941	5KM	Brand	Elzinré	00:58:24.46	(24) OPEN	POS 531 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
942	5KM	Geyser	Brett	00:58:25.22	(13) JUNIOR	POS 411 OF 513 (M)
943	5KM	Joubert	Esmeralda	00:58:25.28	(6) JUNIOR	POS 532 OF 712 (F)
944	5KM	Posner	Stephanie	00:58:25.50	(49) VETERAN	POS 533 OF 712 (F)
945	5KM	Oosthuizen	Jaime	00:58:26.22	(12) JUNIOR	POS 412 OF 513 (M)
946	5KM	Gouws	Werner	00:58:26.71	(54) MASTER	POS 413 OF 513 (M)
947	5KM	Oosthuizen	Oockie	00:58:26.77	(10) JUNIOR	POS 414 OF 513 (M)
948	5KM	Van Rensburg	Mervin	00:58:46.02	(33) OPEN	POS 415 OF 513 (M)
949	5KM	Haumann	Sumé	00:58:46.53	(41) VETERAN	POS 534 OF 712 (F)
950	5KM	Tjipueja	Ursulla	00:58:47.69	(42) VETERAN	POS 535 OF 712 (F)
951	5KM	Tjueza	Constancia	00:58:58.12	(46) VETERAN	POS 536 OF 712 (F)
952	5KM	Hindjou	Richard	00:58:59.35	(10) JUNIOR	POS 416 OF 513 (M)
953	5KM	Brockerhoff	Liezl	00:59:00.08	(39) OPEN	POS 537 OF 712 (F)
954	5KM	Resandt	Yolande	00:59:00.66	(37) OPEN	POS 538 OF 712 (F)
955	5KM	Barlow	Stephanie	00:59:03.47	(31) OPEN	POS 539 OF 712 (F)
956	5KM	Kotze	Ignatius	00:59:04.03	(12) JUNIOR	POS 417 OF 513 (M)
957	5KM	Barlow	Ferdinand	00:59:04.08	(41) VETERAN	POS 418 OF 513 (M)
958	5KM	Archer	Carynn	00:59:04.66	(20) OPEN	POS 540 OF 712 (F)
959	5KM	Archer	Nicholas	00:59:05.73	(11) JUNIOR	POS 419 OF 513 (M)
960	5KM	Resandt	Ayanna	00:59:08.70	(1) JUNIOR	POS 541 OF 712 (F)
961	5KM	Uanivi	Beatrix	00:59:08.82	(38) OPEN	POS 542 OF 712 (F)
962	5KM	Naobeb	Leonardo	00:59:09.02	(15) JUNIOR	POS 420 OF 513 (M)
963	5KM	Naobes	Christophine	00:59:09.05	(45) VETERAN	POS 543 OF 712 (F)
964	5KM	Phatela	Dineo	00:59:12.96	(16) JUNIOR	POS 544 OF 712 (F)
965	5KM	Schroeter	Sybille	00:59:13.09	(20) OPEN	POS 545 OF 712 (F)
966	5KM	Nicol-wilson	Melvina	00:59:13.59	(13) JUNIOR	POS 546 OF 712 (F)
967	5KM	Koortzen	Liam	00:59:18.04	(7) JUNIOR	POS 421 OF 513 (M)
968	5KM	Cupido	Cameron	00:59:18.57	(16) JUNIOR	POS 547 OF 712 (F)
969	5KM	Engelbrecht	Willem	00:59:19.66	(52) MASTER	POS 422 OF 513 (M)
970	5KM	Kerosi	George	00:59:21.39	(20) OPEN	POS 423 OF 513 (M)
971	5KM	Mcnally	Glenn	00:59:22.94	(51) MASTER	POS 424 OF 513 (M)
972	5KM	Kambalala	Opoudile	00:59:23.47	(16) JUNIOR	POS 548 OF 712 (F)
973	5KM	Cambell	Jamie	00:59:23.50	(15) JUNIOR	POS 549 OF 712 (F)
974	5KM	Boesak	Albert	00:59:24.31	(44) VETERAN	POS 425 OF 513 (M)
975	5KM	Deckenbrock	Timothy	00:59:24.70	(20) OPEN	POS 426 OF 513 (M)
976	5KM	Hatzkin	Laurentia	00:59:25.04	(8) JUNIOR	POS 550 OF 712 (F)
977	5KM	Hatzkin	Hedwig	00:59:25.71	(34) OPEN	POS 551 OF 712 (F)
978	5KM	Meyer	Miles	00:59:26.71	(15) JUNIOR	POS 427 OF 513 (M)
979	5KM	Gille	Amore	00:59:27.81	(17) JUNIOR	POS 552 OF 712 (F)
980	5KM	Jansen Van Vuuren	Eduan	00:59:28.89	(9) JUNIOR	POS 428 OF 513 (M)
981	5KM	Carew	Penelope	00:59:29.76	(59) MASTER	POS 553 OF 712 (F)
982	5KM	Jansen Van Vuuren	Kihan	00:59:29.89	(6) JUNIOR	POS 429 OF 513 (M)
983	5KM	Jansen Van Vuuren	Janne	00:59:31.37	(21) OPEN	POS 554 OF 712 (F)
984	5KM	Bronkhorst	Hendre Christiaan	00:59:31.67	(21) OPEN	POS 430 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
985	5KM	Claasen	Kirby	00:59:33.62	(27) OPEN	POS 555 OF 712 (F)
986	5KM	Jansen Van Vuuren	Christo	00:59:34.08	(42) VETERAN	POS 431 OF 513 (M)
987	5KM	Uanivi	Uaja	00:59:34.62	(11) JUNIOR	POS 556 OF 712 (F)
988	5KM	Maasdorp	Deorine	00:59:34.91	(27) OPEN	POS 557 OF 712 (F)
989	5KM	Victor	Hafeni	00:59:54.62	(12) JUNIOR	POS 432 OF 513 (M)
990	5KM	Naruses	Winston	00:59:58.44	(13) JUNIOR	POS 433 OF 513 (M)
991	5KM	Brink	Elna	01:00:07.78	(49) VETERAN	POS 558 OF 712 (F)
992	5KM	Nangolo	Maria	01:00:50.21	(18) JUNIOR	POS 559 OF 712 (F)
993	5KM	Eiases	Rejoyce	01:01:03.71	(20) OPEN	POS 560 OF 712 (F)
994	5KM	Kaumbi	Anne-doris	01:01:28.33	(40) VETERAN	POS 561 OF 712 (F)
995	5KM	Farmer	Melanky	01:01:29.93	(44) VETERAN	POS 434 OF 513 (M)
996	5KM	Amulungu	Paleni	01:01:32.38	(34) OPEN	POS 562 OF 712 (F)
997	5KM	Kubas	Roger	01:01:35.40	(37) OPEN	POS 435 OF 513 (M)
998	5KM	Malangu	Menesia	01:01:48.90	(35) OPEN	POS 563 OF 712 (F)
999	5KM	Cloete	Zuzelle	01:01:54.50	(0) JUNIOR	POS 564 OF 712 (F)
1000	5KM	Van Der Merwe	Anlerie	01:01:58.50	(35) OPEN	POS 565 OF 712 (F)
1001	5KM	Dieterle	Nadia	01:02:16.02	(37) OPEN	POS 566 OF 712 (F)
1002	5KM	Namutewa	Olga	01:02:47.59	(28) OPEN	POS 567 OF 712 (F)
1003	5KM	Saad	Mark	01:03:16.92	(20) OPEN	POS 436 OF 513 (M)
1004	5KM	Jansen Van Vuuren	Schalk-willem	01:03:21.38	(12) JUNIOR	POS 437 OF 513 (M)
1005	5KM	Simasiku	O'brien	01:03:25.08	(18) JUNIOR	POS 438 OF 513 (M)
1006	5KM	Tjipetekera	Abasha	01:03:33.25	(39) OPEN	POS 568 OF 712 (F)
1007	5KM	Feris	Jandre	01:04:38.19	(25) OPEN	POS 439 OF 513 (M)
1008	5KM	Upindi	Owen	01:04:39.46	(18) JUNIOR	POS 440 OF 513 (M)
1009	5KM	Jurgens	Anri	01:04:41.58	(20) OPEN	POS 569 OF 712 (F)
1010	5KM	Imene	Eva-lisa	01:04:44.19	(20) OPEN	POS 570 OF 712 (F)
1011	5KM	Namvandi	Naomi	01:04:45.49	(35) OPEN	POS 571 OF 712 (F)
1012	5KM	Mbaisa	Leticia	01:04:46.71	(30) OPEN	POS 572 OF 712 (F)
1013	5KM	Lombardt	Fallon	01:04:49.67	(33) OPEN	POS 573 OF 712 (F)
1014	5KM	Pieters	Cally	01:04:54.13	(12) JUNIOR	POS 574 OF 712 (F)
1015	5KM	Paul	Christina	01:04:59.92	(13) JUNIOR	POS 575 OF 712 (F)
1016	5KM	Kruger	Lynette	01:05:15.06	(35) OPEN	POS 576 OF 712 (F)
1017	5KM	El-tagoury	Noraan	01:05:18.77	(13) JUNIOR	POS 577 OF 712 (F)
1018	5KM	Nantanga	Hopewell	01:05:20.64	(20) OPEN	POS 441 OF 513 (M)
1019	5KM	Hatton	Elaine	01:05:29.27	(37) OPEN	POS 578 OF 712 (F)
1020	5KM	Muhoho-minni	Nangula Sole	01:05:29.80	(16) JUNIOR	POS 579 OF 712 (F)
1021	5KM	Van Wyk	Aneza	01:06:01.91	(46) VETERAN	POS 580 OF 712 (F)
1022	5KM	Nhamu	Tamari	01:06:08.01	(20) OPEN	POS 581 OF 712 (F)
1023	5KM	Izaaks	Celine	01:06:11.31	(14) JUNIOR	POS 582 OF 712 (F)
1024	5KM	Rupingena	Pope	01:06:29.69	(14) JUNIOR	POS 583 OF 712 (F)
1025	5KM	Stuurman	Danhage	01:07:22.47	(31) OPEN	POS 584 OF 712 (F)
1026	5KM	Pillay	Nirjara Zaria	01:07:40.35	(12) JUNIOR	POS 585 OF 712 (F)
1027	5KM	Brits	Shirlene	01:08:28.91	(32) OPEN	POS 586 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1028	5KM	Nakawhela	Birgit	01:09:14.21	(45) VETERAN	POS 587 OF 712 (F)
1029	5KM	Chisha	Lois	01:09:44.25	(34) OPEN	POS 588 OF 712 (F)
1030	5KM	Moyo	Tinotenda	01:09:45.23	(6) JUNIOR	POS 589 OF 712 (F)
1031	5KM	Moyo	Tendai	01:09:47.56	(34) OPEN	POS 442 OF 513 (M)
1032	5KM	Nghifikepunye	Selino	01:09:54.31	(32) OPEN	POS 590 OF 712 (F)
1033	5KM	Nghifikepunye	Lerato	01:09:55.67	(7) JUNIOR	POS 591 OF 712 (F)
1034	5KM	Nghifikepunye	Frieda	01:09:56.75	(30) OPEN	POS 592 OF 712 (F)
1035	5KM	Hiveluah	Marcia	01:10:00.44	(36) OPEN	POS 593 OF 712 (F)
1036	5KM	Williamson	Eula	01:10:04.93	(7) JUNIOR	POS 594 OF 712 (F)
1037	5KM	Rowland	Shannon	01:10:07.84	(21) OPEN	POS 595 OF 712 (F)
1038	5KM	Mulunga	Rosabel	01:10:10.48	(16) JUNIOR	POS 596 OF 712 (F)
1039	5KM	Gomachas	Amy	01:10:11.53	(13) JUNIOR	POS 597 OF 712 (F)
1040	5KM	Itembu	Kaino	01:10:15.58	(16) JUNIOR	POS 598 OF 712 (F)
1041	5KM	Kanime	Kyllikki	01:10:20.31	(17) JUNIOR	POS 599 OF 712 (F)
1042	5KM	Hanghome	Tutaleni	01:10:21.42	(15) JUNIOR	POS 600 OF 712 (F)
1043	5KM	Joseph	Jacobus	01:10:31.65	(41) VETERAN	POS 443 OF 513 (M)
1044	5KM	Nickel	Chanille	01:10:59.39	(22) OPEN	POS 601 OF 712 (F)
1045	5KM	Doeses	Jasmine	01:11:44.63	(23) OPEN	POS 602 OF 712 (F)
1046	5KM	Garises	Bianca	01:11:49.19	(30) OPEN	POS 603 OF 712 (F)
1047	5KM	Bock	Muriel	01:12:37.83	(38) OPEN	POS 604 OF 712 (F)
1048	5KM	Shigwedha	Kendra	01:13:25.88	(8) JUNIOR	POS 605 OF 712 (F)
1049	5KM	Alonzo	Julius	01:13:56.41	(28) OPEN	POS 444 OF 513 (M)
1050	5KM	Gaoseb	Iyaloo	01:14:13.38	(9) JUNIOR	POS 445 OF 513 (M)
1051	5KM	Gaoseb	Ralph	01:14:14.69	(44) VETERAN	POS 446 OF 513 (M)
1052	5KM	Robberts	Annelien	01:14:40.84	(28) OPEN	POS 606 OF 712 (F)
1053	5KM	Van Wyk	Bertus	01:15:22.92	(38) OPEN	POS 447 OF 513 (M)
1054	5KM	Dewulf	Sanne	01:15:48.22	(11) JUNIOR	POS 607 OF 712 (F)
1055	5KM	Dewulf	Wim	01:15:49.58	(51) MASTER	POS 448 OF 513 (M)
1056	5KM	Slamet	Richard Giancarlo	01:15:52.16	(14) JUNIOR	POS 449 OF 513 (M)
1057	5KM	Samuel	Sicilia	01:16:19.02	(0) JUNIOR	POS 608 OF 712 (F)
1058	5KM	Van Jaarsveldt	Christo	01:16:22.41	(40) VETERAN	POS 450 OF 513 (M)
1059	5KM	Simon	Hilma	01:16:24.42	(28) OPEN	POS 609 OF 712 (F)
1060	5KM	Slamet	Soraya	01:16:28.27	(36) OPEN	POS 610 OF 712 (F)
1061	5KM	Nashilongo	Suoma	01:16:34.19	(26) OPEN	POS 611 OF 712 (F)
1062	5KM	Chaplin	Alex	01:16:38.32	(44) VETERAN	POS 451 OF 513 (M)
1063	5KM	Hearlen	Mathew	01:16:39.22	(6) JUNIOR	POS 452 OF 513 (M)
1064	5KM	Leff	Franco	01:16:39.64	(11) JUNIOR	POS 453 OF 513 (M)
1065	5KM	Uushona	Wonder	01:16:42.11	(11) JUNIOR	POS 454 OF 513 (M)
1066	5KM	Tjitjombo	Viyonce	01:16:43.24	(13) JUNIOR	POS 612 OF 712 (F)
1067	5KM	Fabregas Maturell	Camila	01:16:45.22	(13) JUNIOR	POS 613 OF 712 (F)
1068	5KM	Najuuko	Danette	01:16:46.35	(12) JUNIOR	POS 614 OF 712 (F)
1069	5KM	Boldt	Haiko	01:16:47.24	(39) OPEN	POS 455 OF 513 (M)
1070	5KM	Strydom	Lynn	01:16:50.11	(31) OPEN	POS 615 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1071	5KM	Giampaolo	Gina	01:16:54.36	(20) OPEN	POS 616 OF 712 (F)
1072	5KM	Hillinger	Eliana	01:17:07.75	(20) OPEN	POS 617 OF 712 (F)
1073	5KM	Mambende	Matilda	01:17:10.60	(37) OPEN	POS 618 OF 712 (F)
1074	5KM	Erkana	Lucas	01:17:19.38	(20) OPEN	POS 456 OF 513 (M)
1075	5KM	Mutaka	Kankolongo	01:17:22.63	(20) OPEN	POS 457 OF 513 (M)
1076	5KM	Mbaisa	Etjoo	01:18:08.78	(20) OPEN	POS 619 OF 712 (F)
1077	5KM	Meyer	Miriam	01:18:19.89	(34) OPEN	POS 620 OF 712 (F)
1078	5KM	Petrus	Michelle	01:18:25.98	(18) JUNIOR	POS 621 OF 712 (F)
1079	5KM	Husselmann	Jacobus	01:18:28.20	(45) VETERAN	POS 458 OF 513 (M)
1080	5KM	Husselmann	Carsia	01:18:29.17	(41) VETERAN	POS 622 OF 712 (F)
1081	5KM	Khaiseb	Leilani	01:18:32.82	(18) JUNIOR	POS 623 OF 712 (F)
1082	5KM	Scholtz	Nathalie	01:18:35.10	(38) OPEN	POS 624 OF 712 (F)
1083	5KM	Scholtz	Kimora	01:18:37.82	(6) JUNIOR	POS 625 OF 712 (F)
1084	5KM	Owoseb	Aiden	01:18:41.32	(1) JUNIOR	POS 459 OF 513 (M)
1085	5KM	Cordom	Kaylah	01:18:43.82	(16) JUNIOR	POS 626 OF 712 (F)
1086	5KM	Abrahams	Sonette	01:18:44.98	(46) VETERAN	POS 627 OF 712 (F)
1087	5KM	Ndhikwa	Lydia	01:18:53.94	(31) OPEN	POS 628 OF 712 (F)
1088	5KM	Sheyavali	Meriam	01:21:03.60	(35) OPEN	POS 629 OF 712 (F)
1089	5KM	Amakali	Aune	01:21:06.24	(35) OPEN	POS 630 OF 712 (F)
1090	5KM	Meyer	Kerry-anne	01:21:09.71	(40) VETERAN	POS 631 OF 712 (F)
1091	5KM	Hamata	Hendrina	01:21:18.28	(31) OPEN	POS 632 OF 712 (F)
1092	5KM	Victor	Aune	01:21:21.30	(40) VETERAN	POS 633 OF 712 (F)
1093	5KM	Kambudu	Marvin	01:21:48.32	(6) JUNIOR	POS 460 OF 513 (M)
1094	5KM	Biesemann	Katja	01:22:39.36	(50) MASTER	POS 634 OF 712 (F)
1095	5KM	Gabriel	Ananias	01:23:31.05	(20) OPEN	POS 461 OF 513 (M)
1096	5KM	Kutako	Wanda	01:24:10.81	(28) OPEN	POS 635 OF 712 (F)
1097	5KM	Baxter	Ashlea	01:29:27.54	(26) OPEN	POS 636 OF 712 (F)
1098	5KM	Stoffels	Leandre	01:29:32.30	(29) OPEN	POS 637 OF 712 (F)
1099	5KM	Van Rooyen	Shelly	01:29:33.69	(32) OPEN	POS 638 OF 712 (F)
1100	5KM	Cutts	Birgit	01:29:38.53	(41) VETERAN	POS 639 OF 712 (F)
1101	5KM	Nashilundo	Lotta	01:29:44.40	(31) OPEN	POS 640 OF 712 (F)
1102	5KM	Basson	Vanessa	01:29:45.65	(36) OPEN	POS 641 OF 712 (F)
1103	5KM	Kabajani	Maria	01:29:47.12	(27) OPEN	POS 642 OF 712 (F)
1104	5KM	Cloete	Faith	01:29:49.87	(44) VETERAN	POS 643 OF 712 (F)
1105	5KM	Clayton	Angela Justine	01:29:51.51	(20) OPEN	POS 644 OF 712 (F)
1106	5KM	Griffiths	Inge	01:29:55.18	(49) VETERAN	POS 645 OF 712 (F)
1107	5KM	Griffiths	Nicolene	01:29:56.39	(29) OPEN	POS 646 OF 712 (F)
1108	5KM	Akunda	Carmen	01:29:56.96	(20) OPEN	POS 647 OF 712 (F)
1109	5KM	Akunda	Alijandro	01:30:01.68	(8) JUNIOR	POS 462 OF 513 (M)
1110	5KM	Amukugo	Monica	01:30:09.00	(16) JUNIOR	POS 648 OF 712 (F)
1111	5KM	Fillemon	Josephine	01:30:10.03	(11) JUNIOR	POS 649 OF 712 (F)
1112	5KM	Clayton	Jose	01:30:10.71	(17) JUNIOR	POS 463 OF 513 (M)
1113	5KM	Katjipotu	Mona	01:30:12.81	(35) OPEN	POS 650 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1114	5KM	Louw	Ashante	01:30:14.31	(25) OPEN	POS 651 OF 712 (F)
1115	5KM	De Klerk	Margot	01:30:15.45	(8) JUNIOR	POS 652 OF 712 (F)
1116	5KM	Daniel	Darlene	01:30:22.67	(17) JUNIOR	POS 653 OF 712 (F)
1117	5KM	Musodza	Alison	01:30:25.67	(15) JUNIOR	POS 654 OF 712 (F)
1118	5KM	De Klerk	Wayne	01:30:26.88	(43) VETERAN	POS 464 OF 513 (M)
1119	5KM	Hangula	Tashmia	01:30:30.59	(17) JUNIOR	POS 655 OF 712 (F)
1120	5KM	Burtze	Jenny	01:30:32.67	(34) OPEN	POS 656 OF 712 (F)
1121	5KM	Kabajani	Mwaka Belinda	01:30:35.24	(32) OPEN	POS 657 OF 712 (F)
1122	5KM	Feris	Leandri	01:30:42.87	(33) OPEN	POS 658 OF 712 (F)
1123	5KM	Feris	Peter	01:30:43.86	(28) OPEN	POS 465 OF 513 (M)
1124	5KM	Jacobs	Perpetua	01:30:52.39	(47) VETERAN	POS 659 OF 712 (F)
1125	5KM	Kafita	Eva-liisa	01:30:55.45	(30) OPEN	POS 660 OF 712 (F)
1126	5KM	Nkandi	Leilah	01:30:57.97	(46) VETERAN	POS 661 OF 712 (F)
1127	5KM	Kanime	Andrew	01:30:59.86	(44) VETERAN	POS 466 OF 513 (M)
1128	5KM	Kanime	Tertius	01:31:02.41	(8) JUNIOR	POS 467 OF 513 (M)
1129	5KM	Kanime	Aini	01:31:03.42	(42) VETERAN	POS 662 OF 712 (F)
1130	5KM	Coetzee	Verdicia	01:31:06.84	(19) JUNIOR	POS 663 OF 712 (F)
1131	5KM	Van Wyk	Magrieta	01:31:11.05	(40) VETERAN	POS 664 OF 712 (F)
1132	5KM	Amakali	Toini	01:31:12.08	(32) OPEN	POS 665 OF 712 (F)
1133	5KM	Van Wyk	Allison	01:31:22.05	(27) OPEN	POS 666 OF 712 (F)
1134	5KM	Sisanda	Alberto	01:31:26.58	(9) JUNIOR	POS 468 OF 513 (M)
1135	5KM	Siteketa	Johanna	01:31:28.20	(35) OPEN	POS 667 OF 712 (F)
1136	5KM	Engkebrecht	Luna	01:31:36.39	(15) JUNIOR	POS 668 OF 712 (F)
1137	5KM	Beukes	Waylon	01:31:37.95	(9) JUNIOR	POS 469 OF 513 (M)
1138	5KM	Dama	Kotokeni Tangi	01:31:45.05	(7) JUNIOR	POS 470 OF 513 (M)
1139	5KM	Dama	Veikko	01:31:46.70	(41) VETERAN	POS 471 OF 513 (M)
1140	5KM	Clark	Lisinda	01:31:54.26	(20) OPEN	POS 669 OF 712 (F)
1141	5KM	Constable	Tilden	01:31:56.00	(49) VETERAN	POS 472 OF 513 (M)
1142	5KM	Kaulandwa	Tracy	01:32:02.00	(28) OPEN	POS 670 OF 712 (F)
1143	5KM	Haiping	Hilde Mekelaye	01:32:22.90	(41) VETERAN	POS 671 OF 712 (F)
1144	5KM	Loubser	Jarret	01:32:25.94	(48) VETERAN	POS 473 OF 513 (M)
1145	5KM	Abrahams	Allister	01:32:37.14	(37) OPEN	POS 474 OF 513 (M)
1146	5KM	Abrahams	Lonzo	01:32:40.03	(5) JUNIOR	POS 475 OF 513 (M)
1147	5KM	Hays	Lorraine	01:32:41.23	(35) OPEN	POS 672 OF 712 (F)
1148	5KM	Namwandi	Albertina	01:32:53.97	(20) OPEN	POS 673 OF 712 (F)
1149	5KM	Tjaveondja	Trifena	01:32:58.34	(45) VETERAN	POS 674 OF 712 (F)
1150	5KM	Kavari	Kuzavi	01:32:59.19	(4) JUNIOR	POS 476 OF 513 (M)
1151	5KM	Kandjii	Unotjari	01:33:04.70	(16) JUNIOR	POS 477 OF 513 (M)
1152	5KM	Fikameni	Lorraine	01:33:06.17	(38) OPEN	POS 675 OF 712 (F)
1153	5KM	Nkandi	Letta	01:33:09.82	(37) OPEN	POS 676 OF 712 (F)
1154	5KM	Sheehama	Sophia	01:33:19.20	(35) OPEN	POS 677 OF 712 (F)
1155	5KM	Kroehne	Victor	01:33:22.87	(32) OPEN	POS 478 OF 513 (M)
1156	5KM	Gunning	Calum	01:33:26.67	(21) OPEN	POS 479 OF 513 (M)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1157	5KM	Haimbili	Rauha	01:35:53.75	(44) VETERAN	POS 678 OF 712 (F)
1158	5KM	Hainghono	Ndailikana	01:38:31.18	(29) OPEN	POS 679 OF 712 (F)
1159	5KM	Ngutjinazo	Ramone	01:43:08.30	(2) JUNIOR	POS 480 OF 513 (M)
1160	5KM	Sakaria	Simeon Kapweya	01:43:12.15	(38) OPEN	POS 481 OF 513 (M)
1161	5KM	Amunyele	Joseph	01:43:14.21	(38) OPEN	POS 482 OF 513 (M)
1162	5KM	Brand	Jolize	01:43:19.22	(30) OPEN	POS 680 OF 712 (F)
1163	5KM	Persadh	Shaarla-devi	01:43:31.49	(42) VETERAN	POS 681 OF 712 (F)
1164	5KM	Pillay	Mirdhu	01:43:38.75	(10) JUNIOR	POS 682 OF 712 (F)
1165	5KM	Sakaria	Tangi	01:43:46.83	(5) JUNIOR	POS 483 OF 513 (M)
1166	5KM	Obholzer	Luca	01:43:48.33	(3) JUNIOR	POS 484 OF 513 (M)
1167	5KM	Prinsloo	Birgit	01:44:11.57	(40) VETERAN	POS 683 OF 712 (F)
1168	5KM	Jaftha	Radley	01:44:14.07	(14) JUNIOR	POS 485 OF 513 (M)
1169	5KM	Jooste	Lieselotte	01:44:16.09	(29) OPEN	POS 684 OF 712 (F)
1170	5KM	Obholzer	Sven	01:44:18.26	(39) OPEN	POS 486 OF 513 (M)
1171	5KM	Fourie	Jacques	01:44:30.93	(40) VETERAN	POS 487 OF 513 (M)
1172	5KM	Van Der Westhuizen	Jemima	01:44:32.33	(32) OPEN	POS 685 OF 712 (F)
1173	5KM	Nel	Malinda	01:44:38.09	(53) MASTER	POS 686 OF 712 (F)
1174	5KM	Nel	Wiaan	01:44:39.71	(12) JUNIOR	POS 488 OF 513 (M)
1175	5KM	Helu	Brunhilde	01:44:43.70	(39) OPEN	POS 687 OF 712 (F)
1176	5KM	Afrikaner	Roseline	01:44:45.88	(26) OPEN	POS 688 OF 712 (F)
1177	5KM	Kangueehi	Izuvirua	01:45:33.60	(6) JUNIOR	POS 689 OF 712 (F)
1178	5KM	Ngaujake	Michelle	01:45:47.72	(44) VETERAN	POS 690 OF 712 (F)
1179	5KM	Koch	Laura	01:46:08.46	(30) OPEN	POS 691 OF 712 (F)
1180	5KM	Mamutse	Ethan	01:46:21.18	(6) JUNIOR	POS 489 OF 513 (M)
1181	5KM	Abrahams	Reagan	01:46:48.95	(16) JUNIOR	POS 490 OF 513 (M)
1182	5KM	Schoonbee	Janine	01:46:53.95	(53) MASTER	POS 692 OF 712 (F)
1183	5KM	Nel	Jan	01:46:55.47	(31) OPEN	POS 491 OF 513 (M)
1184	5KM	Nel	Jan (jnr)	01:46:58.05	(6) JUNIOR	POS 492 OF 513 (M)
1185	5KM	Nel	Mila	01:47:02.37	(1) JUNIOR	POS 693 OF 712 (F)
1186	5KM	Nel	Marlene	01:47:04.38	(33) OPEN	POS 694 OF 712 (F)
1187	5KM	Marggraff	Tristan	01:47:23.51	(20) OPEN	POS 493 OF 513 (M)
1188	5KM	Schoonbee	Mybri	01:47:27.51	(13) JUNIOR	POS 494 OF 513 (M)
1189	5KM	Nandenga	Anna	01:47:30.26	(20) OPEN	POS 695 OF 712 (F)
1190	5KM	Schoonbee	Fanie	01:47:35.45	(58) MASTER	POS 495 OF 513 (M)
1191	5KM	Le Roux	Heinrich	01:47:39.84	(17) JUNIOR	POS 496 OF 513 (M)
1192	5KM	Kauta	Uaundjua	01:47:41.21	(15) JUNIOR	POS 696 OF 712 (F)
1193	5KM	Karuhumba	Kevin	01:47:49.99	(14) JUNIOR	POS 497 OF 513 (M)
1194	5KM	Meroro	Muhupua	01:48:04.98	(14) JUNIOR	POS 697 OF 712 (F)
1195	5KM	Haiyambo	Agnes	01:48:25.57	(38) OPEN	POS 698 OF 712 (F)
1196	5KM	Du Preez	Giovani Pierre	01:48:27.68	(4) JUNIOR	POS 498 OF 513 (M)
1197	5KM	Moyo	Thandeka	01:48:59.07	(20) OPEN	POS 699 OF 712 (F)
1198	5KM	Moyo	Shantel	01:49:00.68	(32) OPEN	POS 700 OF 712 (F)
1199	5KM	Shamiso	Muradzikwa	01:49:28.04	(31) OPEN	POS 701 OF 712 (F)

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5KM (RUNNING)

POSITION	EVENT	SURNAME	NAME	TIME	CATEGORY	GENDER
1200	5KM	September	Naima	01:49:39.73	(26) OPEN	POS 702 OF 712 (F)
1201	5KM	Heyman	Jeanine	01:50:30.74	(30) OPEN	POS 703 OF 712 (F)
1202	5KM	Jansen Van Vuuren	Willa	01:50:35.38	(43) VETERAN	POS 704 OF 712 (F)
1203	5KM	Izaaks	Tertius	01:50:52.98	(30) OPEN	POS 499 OF 513 (M)
1204	5KM	Muatotele	Alexia	01:51:34.87	(7) JUNIOR	POS 705 OF 712 (F)
1205	5KM	Muatotele	Daltrey	01:51:53.35	(9) JUNIOR	POS 500 OF 513 (M)
1206	5KM	Muatotele	Josephat	01:51:59.38	(47) VETERAN	POS 501 OF 513 (M)
1207	5KM	Chipeio	Christoffer	01:52:26.05	(33) OPEN	POS 502 OF 513 (M)
1208	5KM	Chipeio	Jose	01:52:29.66	(20) OPEN	POS 503 OF 513 (M)
1209	5KM	Chipeio	Molody	01:52:31.16	(34) OPEN	POS 706 OF 712 (F)
1210	5KM	Chipeio	Ray Daniel	01:52:34.14	(8) JUNIOR	POS 504 OF 513 (M)
1211	5KM	Chipeio	Reuben	01:52:36.93	(5) JUNIOR	POS 505 OF 513 (M)
1212	5KM	Brits	Johan	01:53:17.03	(5) JUNIOR	POS 506 OF 513 (M)
1213	5KM	Brits	Stefan	01:53:28.06	(20) OPEN	POS 507 OF 513 (M)
1214	5KM	Brits	Jan Hendrik	01:53:30.55	(37) OPEN	POS 508 OF 513 (M)
1215	5KM	Garises	Zezial	01:53:51.06	(31) OPEN	POS 707 OF 712 (F)
1216	5KM	Shigwedha	Enrico	01:55:46.36	(3) JUNIOR	POS 509 OF 513 (M)
1217	5KM	Shigwedha	Simon	01:55:49.42	(21) OPEN	POS 510 OF 513 (M)
1218	5KM	Nameya	Enrica	01:55:51.45	(20) OPEN	POS 708 OF 712 (F)
1219	5KM	Kefas	Naomi	01:56:16.28	(39) OPEN	POS 709 OF 712 (F)
1220	5KM	Shiwetha	Romeo	01:56:19.25	(13) JUNIOR	POS 511 OF 513 (M)
1221	5KM	Dauti	Tonderai	01:56:27.34	(43) VETERAN	POS 710 OF 712 (F)
1222	5KM	Dauti	Clint	01:56:35.86	(43) VETERAN	POS 512 OF 513 (M)
1223	5KM	Mukuka	Mulenga	01:57:21.35	(15) JUNIOR	POS 513 OF 513 (M)
1224	5KM	Perny	Linda	01:57:33.63	(15) JUNIOR	POS 711 OF 712 (F)
1225	5KM	Khaises	Mmabatho	01:57:35.22	(15) JUNIOR	POS 712 OF 712 (F)